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SANIBEL & CAPTIVA ISLANDS, FLORIDA

MAY 28, 2021

MAY/JUNE SUNRISE/SUNSET: 28 6:36 • 8:15 29 6:36 • 8:15 30 6:36 • 8:16 31 6:36 • 8:16 1 6:36 • 8:17 2 6:35 • 8:17 3 6:35 • 8:18

FISH Food Pantry Now Open For Walk-In Service

he FISH of SanCap Walk-In Center and Food Pantry reopened to visitors on May 24. Anyone entering the building is required to wear a mask and follow safety measures.

Throughout the pandemic, FISH has remained in operation by working through virtual communication methods and providing pre-packed bags of groceries for those using the food pantry. As many have now received the COVID-19 vaccination, FISH has adjusted operations to allow for in-person contact.

Individuals requesting assistance can now meet face-to-face with FISH staff by requesting an appointment for an in-person meeting. Plexiglass partitions have been installed in staff offices to accommodate in-person meetings. Meetings can be arranged between 10 a.m and 3 p.m. Monday through Friday by calling 472-4775. Additional times may be available on an as needed basis.



From left, Heike Gosselin and Manuela Martinez assist a client

photo provided

Participants of the Food Pantry program are welcome to shop, one person at a time, for needed items. Those using the food pantry must

wear a mask and bring their own bags, and shopping time will be limited to 10 minutes. While waiting for entry, FISH requests the six-foot social

distancing guidelines be respected and no convening with other clients or volunteers while in or outside the building. Volunteers, following the same guidelines, will be available to assist. Plexiglass partitions have also been installed in the reception and food checkout areas as a safety measure.

"Our intention is to best serve the island community in the safest way possible. As an essential service provider, we have maintained all critical services since the beginning of the pandemic and are thrilled to be welcoming back our community members and volunteers, said Maria Espinoza, assistant executive director of FISH. The organization, which relies on volunteers to help provide services and programs, reduced volunteer service within the walk-in center to reduce exposure during the height of COVID-19. FISH will continue grocery delivery service to seniors and vulnerable individuals in need. Advance arrangements can be made by calling 472-4775.

"This has been a long journey and, while it's not quite over, we feel we are continued on page 22

'Ding' Tarpon Tournament **Breaks Records**

he 9th annual "Ding" Darling & Doc Ford's Tarpon Tournament on May 14 netted \$180,000 from tournament sponsorships and donations. Earnings combined sponsor contributions from 2020 with this year's for a recordbreaking contribution to benefit refuge conservation.

The "Ding" Darling Wildlife Society (DDWS) organizes the annual tournament with Doc Ford's Rum Bar & Grille of Sanibel, Fort Myers Beach, Captiva and St. Petersburg as the title sponsor. The Silver King Awards ceremony took place at the Fort Myers Beach location.

The 2021 tournament paid out \$56,500 in prizes to five winning teams out of 55 registered teams. When the 2020 tournament was postponed until this year, the purse essentially doubled as teams received the opportunity for a guaranteed coveted spot on this year's roster by allowing their 2020 entry fee to roll over to 2021. By also paying the 2021 fee, they fed into the largest payout in the history of the tournament.

Anglers photo-recorded 15 tarpon



From left: Marty Harrity of Doc Ford's; first place winners Ryan Clase, Eric Davis, Capt. Tanner Miller and Stephanie Miller of Team Tarpon Time; and Birgie Miller of "Ding" Darling Wildlife Society photo provided

catches this year. The first place prize of \$25,425 went to Team Tarpon Time, including Capt. Tanner Miller and team members Stephanie Miller, Eric Davis and Ryan Clase. The team caught and

released a total of four fish.

"Congratulations to Tanner, who now wears the coveted pink tarpon jacket, said Marty Harrity, co-owner of Doc Ford's, who introduced the jacket in

2017 as an added incentive for taking first place in the tournament. "It's kind of like the green Masters tournament jacket in golf. The winning captain gets

continued on page 2

Iournament

the honor of wearing the pink tarpon jacket each year."

Second place Team Fort Myers Marine, led by Capt. Bryan Waid, caught two fish and won \$14,125. In third place, Capt. Whitney Jones' team, Whitney's Bait & Tackle, caught the first fish of the day and took home \$8,475. Fourth place winners Team Jason & the Tarpon Knots, with Capt. Jason Smith, won \$5,650; fifth place winners Team Chasin Poon, with Capt. Matt Mitchell, took home

Awards were also handed out for female angler to Stephanie Miller from Team Tarpon Time, senior angler to Gary Biltgen from Team Chasin Poon and amateur team to Team Jason & the Tarpon Knots.

Because all boat registration fees go into the awards purse, sponsorship partners are extremely important to this tournament," said Birgie Miller, executive director of DDWS. "They make it possible to raise vital financial support for the conservation mission of DDWS and the refuge.'

To date, the tarpon tournament has raised \$755,000 for refuge water research, wildlife research and education. It has awarded \$261,724 to tournament winning teams during its nine-year history.

We can't thank Doc Ford's enough for their incredible show of support these past nine years," said Miller. "They've already committed for the 2022 tourney, which will take place May 13 to celebrate



Amateur Team winners: from left, Team Jason and the Tarpon Knots angler Savannah Phillips; Marty Harrity of Doc Ford's; Holly Smith, Capt. Jason Smith, Dean Jackson and Zane photos provided

the tournament's 10th anniversary."

'We are so grateful for this fundraiser, because not only does it add much-needed dollars to the refuge budget, it also supports our conservation mission, said "Ding" Darling Supervisory Refuge Ranger Toni Westland. "Plus, it is an opportunity to remind anglers, both professional and amateur, about the importance of ethical and responsible fishing.

For more information on the tournament and this year's winners, visit www.dingdarlingtarpontourney.org.

Tournament sponsors for 2021 include: Title Sponsor: Doc Ford's Rum Bar & Grille; Starting Position: Raiser's Edge; Champion Sponsors: Make It Happen, Cast About Charters; Premiere Sponsor: Diversified Yacht Services; Presenting Sponsors: Captiva Divas, Custom Tees Now, Margie Furniss and Ed Kfoury, Organized Chaos; Platinum Sponsors: Capt. Shawn Kelly Fishing Charters, Law Office of Christopher Hill, Let's Take it Outside, Mabry Brothers, Inc., RS Walsh Landscape & Design, Sanibel Captiva Community Bank,



Team Doc Ford's with its catch of the day

Suncoast Beverage, Trophy Case of Fort Myers; Gold Sponsors: Captiva Cruises, Congress Jewelers, Fort Myers Marine, Jensen's Twin Palm Cottages and Marina, JJ Taylor Companies LLC, Joseph M. Kelley Plumbing & Heating Inc., Law Office of Janet M. Strickland, Nautical Mile Publications, On Island, Whitney's Bait & Tackle; Silver Sponsors: America's Cuisine, Anisa Stewart Jewelry, Bailey's General Store, The Beaches of Fort Myers and Sanibel, Fort Myers Brewing Company, Gulf Star Marina, The Historic Bait Box, Island Sun, Peter and Barb Rogers, S&R Enterprises.



Summer Camp At Children's Center



Hanging out with the boys photos provided

he Children's Education Center of the Islands (CECI) is accepting enrollment for summer camp programs, which run from June 7 through July 30. Each week has a theme designed for children to explore and connect to the natural world. Some of the highlights include cooking, art, science and pirates.



Students exploring the natural world

Thanks in part to The Sanctuary Golf Club Foundation and FISH of SanCap, summer camp scholarships are available for families in need. Visit www. childrenseducationcenter.com for more information.

CECI is located at 350 Casa Ybel Road on Sanibel. To request a tour, call **472-4538.**☼

City Hosting Annual Hurricane Seminar June 17

he City of Sanibel will hold its annual hurricane seminar at BIG ARTS on Thursday, June 17 at 2 p.m. The seminar is open to residents, businesses and island workers. There is no charge to attend and reservations are not required.

The featured speakers will be: Dave Roberts - City of Sanibel weather consultant. He will provide information on hurricane formation, the categories of tropical systems and the dangers of storm surge.

Sandra Tapfumaneyi – Lee County interim emergency management chief. She will discuss family emergency planning and explain the county's responsibilities in dealing with tropical storm systems.

Susan Alexander and Marina Espinoza – FISH of SanCap. They will discuss special needs issues on Sanibel and Captiva.

Keith Williams - City of Sanibel community services director. He will discuss the city's post-storm recovery

Harold Law - City of Sanibel building official. He will review city building

William Dalton – Sanibel Police Chief. He will lead the seminar and review the city's storm plans.

The Sanibel Police Department will have its emergency response vehicle on display from 1 to 2 p.m. A volunteer will be on hand to discuss its purpose

and answer questions.

Citizens unable to attend the seminar are encouraged to watch the video on www.mysanibel.com a few weeks afterwards. A press release and email will announce when the video is posted.

BIG ARTS is located at 900 Dunlop Road on Sanibel. 袋

Memorial Day Closings For The City Of Sanibel

The City of Sanibel administrative offices will be closed in observance of Memorial Day on Monday, May 31 and will resume regular operating hours on Tuesday, June 1.

Refuse, recycling and vegetation waste collection by Advanced Disposal scheduled for Memorial Day will be one day later. Therefore, if your normal pick-up day is Monday, May 31, your waste will be picked up on Tuesday, June 1. The altered schedule will remain in place for the remainder of the week. The normal waste collection schedule will resume on Monday, June 7. If you have any questions, call Advanced Disposal at 334-1224.

The Sanibel Recreation Center will also be closed in observance of Memorial Day on Monday, May 31 and will resume regular operating hours (8 a.m. to 7 p.m.) on Tuesday, June 1. If you have any questions, call the recreation center at 472-0345.

The Center 4 Life/Civic Center is currently closed due to COVID-19. If you have any questions, call city hall at 472-3700.��



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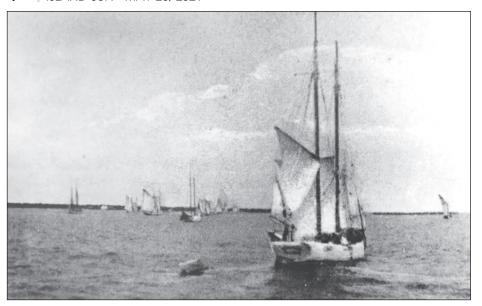
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Cuban fishing smacks

photo courtesy Sanibel Historical Museum and Village

Sanibel Historical Museum And Village

Looking Back: Cuban Smacks

n an interview in 1982, Belton Johnson said, "The rough water (from storms) would kill the fish so bad in the well, they (the Cuban fishing

smacks) would sail down and get in the lee of Sanibel. Sometimes they wouldn't go inside (San Carlos Bay). They would

anchor between Casa Ybel and the lighthouse. You see, that runs east and west down there ..

The Sanibel Historical Museum and Village is located at 950 Dunlop Road, next to BIG ARTS. Hours are Tuesday through Saturday from 10 a.m. to 4 p.m. Guided tours take place at 10:30 a.m. and 1:30 p.m. at no additional charge, depending on docent availability. There is handicap access to the buildings. Admission is \$10 for adults over 18, no charge for members and children. Masks are required and safety precautions are in place. For more information, visit www. sanibelmuseum.org or call 472-4648.⇔

Churches/Temples

BAT YAM-TEMPLE OF THE ISLANDS Shabbat Worship Services at 7 p.m. on the first Friday of the month for June, July and August. Services held in Fellowship Hall at Sanibel Congregational United Church of Christ. Masks and social distancing guidelines will be followed. Those who wish to Zoom the services can find the link in their email notice. Send any questions to batyamsanibel@gmail.com. Rabbi: Stephen Fuchs, Cantor: Murray Simon, President: Alan Lessack 773-251-8862

HISTORIC CAPTIVA CHAPEL BY THE SEA

Rev. Larry Marshall. Outdoor services every Sunday at 11 a.m. Nov. 14, 2021 through April 24, 2022. Previous services posted on the chapel's website for viewing. www.captivachapel.com, www.facebook. com/Captiva-Chapel-By-The-Sea, 11580 Chapin Lane, Captiva, 472-1646.

CHAVURAT SHALOM

(Fellowship of Peace) Friday Shabbat services led by members at 6 p.m. Saturday morning Jewish current events at 11 a.m. Talks by members on topics of interest Thursdays at 11 a.m. Contact ChavuratShalom@gmail.com to participate on Zoom.

FIRST CHURCH OF CHRIST, SCIENTIST Services at the Christian Science Church of Sanibel-Captiva have resumed as follows: Sunday service at 10:30 a.m., Wednesday meeting at 4:30 p.m. Reading room open on Friday, 10 a.m. to noon.

2950 West Gulf Drive, 472-8684. SANIBEL COMMUNITY CHURCH One service only at 10 a.m. on Sunday, May 30 in the Sanctuary. View the Sunday services via live stream at 9 a.m. or later online at www.sanibelchurch.com, 1740 Periwinkle Way, 472-2684.

SANIBEL CONGREGATIONAL **UNITED CHURCH OF CHRIST**

The Reverend Dr. John H. Danner, Sr. Pastor. The Rev. Deborah Kunkel, Associate Pastor. 7:45 a.m. Chapel Service, 10 a.m. Traditional Worship Service, www.sanibelucc.org, 2050 Periwinkle Way, 472-0497

ST. ISABEL CATHOLIC CHURCH

Father Ed Martin, Pastor, Saturday Vigil Mass at 5 p.m., Sunday Mass at 9:30 a.m. Daily Mass Wednesday, Thursday and Friday at 8:30 a.m. 3559 Sanibel-Captiva Road, 472-2763.

ST. MICHAEL & ALL ANGELS **EPISCOPAL CHURCH**

The Rev. Bill Van Oss, Rector. In-person limited seating services requiring reservations and masks are on Saturdays at 5 p.m., and Sundays at 8 a.m. and 10:30 a.m. Reservations can be made on the website and go live every Tuesday at noon. The 10:30 a.m. Sunday service will also be live streamed. www.saintmichaels-sanibel. org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the third Sunday of each month from December through April at Sanibel Congregational United Church of Christ. A potluck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901.

Email changes to press@islandsunnews. com or call 395-1213.☆



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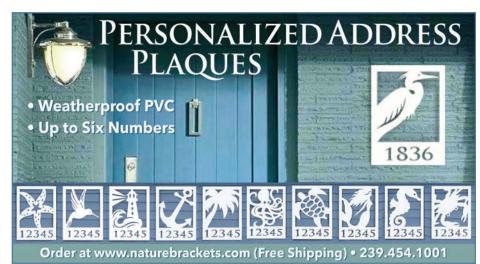
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Become A Citizen Scientist This Summer

submitted by Nicole Finnicum

oastal Watch, an outreach program of Sanibel Sea School, is dedicated to preserving the estuaries and oceans for future generations through initiatives that promote the conservation of the islands. It is important to work locally, so the Coastal Watch team is encouraging the community to get involved to help execute projects that will benefit the Sanibel and Captiva environments.

Coastal Watch is launching a variety of community citizen science projects this summer that will engage the public, promote awareness of these important projects, and create meaningful volunteer opportunities for those who would like to be a community scientist.

If you are interested in assisting with any of these projects or have any questions, contact Coastal Watch Conservation Initiative Coordinator Kealy McNeal at kealy@sanibelseaschool.org.

Propagule Collection and Potting – Through the new Back to Our Roots initiative, Coastal Watch and the Sanibel-Captiva Conservation Foundation (SCCF) Marine Lab are teaming up to restore mangroves on Southwest Florida barrier islands. Through this program, mangrove propagules are collected,



Coastal Watch is seeking volunteers to help with citizen science projects

grown and planted at restoration sites to fortify existing mangrove ecosystems and coastlines.

Volunteers are needed for red mangrove propagule collection the week of Monday, June 21 through Friday, June 25. Buckets will be available for pickup at Sanibel Sea School throughout the week. Full buckets need to be returned by noon on Friday, June 25. Propagule potting will take place at the SCCF Nature Center on Friday, June 25 at 2 p.m.

Based on interest, Coastal Watch will facilitate more propagule collection and potting sessions throughout the summer

Red Tide Monitoring - Coastal Watch is one of many organizations in Southwest Florida that hav been working with the Gulf of Mexico Coastal Ocean Observing System (GCOOS) and the National Oceanic and Atmospheric Administration (NOAA) to record red tide data using the HABscope (HAB = harmful algal bloom) system. The HABscope is a microscope that utilizes an iPod to record 30-second videos of water samples to determine the sample's level of Karenia brevis, which is the dinoflagellate algae that causes red tide.

Volunteers are needed to collect water samples at Lighthouse Beach and photo provided

bring them to Sanibel Sea School to be counted via HABscope starting Monday, June 7. Water samples will be collected every Monday, Wednesday and Friday. Sample collection and analysis takes about an hour. We may increase sampling frequency during the summer if red tide is

present in our area.
Part of the SCCF family, Coastal Watch creates and implements conservation initiatives that promote and improve the future of marine resources and, our coastal heritage. For more information, visit www. sancapcoastalwatch.org or contact coastalwatch@sanibelseaschool.org.☆



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OBITUARY



BRUCE CAMPBELL AVERY

Pruce Campbell Avery, 81, of Fort Myers, Florida and Norwell, Massachusetts passed away on May 17, 2021 from congestive heart failure and kidney disease. Bruce was born on April 13, 1940 in Quincy, Massachusetts to Roland and Marjorie Avery. He attended Weymouth schools and graduated from Bentley College and the Advanced Management Program at Harvard Business School.

Bruce enlisted in the U.S. Army

Reserves serving as a chef in the early 1960s. On May 14, 1961, he married Virginia Rosier; they raised three children – Scott, Matt and Dawn – during their 30 years in Norwell. Bruce was a charter member of the United Church of Christ in Norwell; and upon retirement, he and Ginny became members of Sanibel Congregational United Church of Christ of Sanibel Island, Florida. Bruce held leadership roles in both churches, including deacon, trustee and head usher.

Bruce enjoyed a long, successful career in financial services, first at Putnam Investments and then retiring as COO from Massachusetts Financial Services in 1997. In addition, he was the president of the National Investment Company Service Association (NICSA), served on the board of trustees of the South Shore Hospital in Weymouth, Massachusetts, was a member of the board of directors of the Sanibel-Captiva Conservation Foundation and a member of the Florida Lions Association.

The bulk of Bruce's leisure time was spent playing golf at the North Hill Country Club in Duxbury, Massachusetts and Beachview Golf Club on Sanibel, where he built countless meaningful relationships

In addition to his parents, Bruce was pre-deceased by his brother Albert. He is survived by: Ginny, his loving wife of 60 years; his devoted children Scott (Marlese) of Cary, North Carolina; Matt (Lynda) of Tampa, Florida; and Dawn of Boston, Massachusetts. "Papa's" grandchildren include: Michael, Chris,

Kelly and Nick Avery of Cary, North Carolina; Tim and Jeff Avery of Tampa, Florida; and Rudy and Dante Avery of Boston, Massachusetts. He is also survived by: brothers-in-law Rich (Denise) Rosier of Sarasota, Florida; and Bob Rosier of Post Falls, Idaho; as well as many nieces, nephews, cousins and friends

Bruce's final wishes were to have his remains placed during private services in the Memorial Grounds at Sanibel Congregational United Church of Christ, as well as the Memorial Garden at UCC Norwell

Memorial donations may be made to: American Heart Association, P.O. Box 78851, Phoenix, AZ 85062-8851; Sanibel Congregational UCC, 2050 Periwinkle Way, Sanibel, FL, 33957; UCC Norwell, P.O. Box 501, Norwell, MA, 02061; or the charity of your choice.

Family was his first priority, however, those fortunate enough to have known him describe him as loving, loyal, dependable, hard-working, generous and witty. To quote many who know him best, he "made everyone feel special."

The Avery family extends their deepest gratitude to the Arbor staff at Shell Point for the amazing care and kindheartedness Bruce received in his final years. According to those special people and many others, his sense of humor may be his most lasting legacy!

Arrangements courtesy of Hodges-Kiser Funeral Home, Fort Myers, Florida, www.kiserfh.com.

Gag Grouper Season To Open In Gulf Waters

ag grouper will open for recreational harvest in most state Gulf of Mexico waters and all federal gulf waters on June 1. It will remain open through December 31.

Franklin, Wakulla, Taylor and Jefferson counties opened April 1 and will remain open through June 30. These four counties will reopen September 1 through December 31. Monroe County follows the Atlantic state season and opened May 1.

Gulf state waters in Florida are from shore to nine nautical miles. Federal waters begin where state waters end and extend to 200 nautical miles.

The minimum size limit for gag grouper is 24 inches total length and the daily bag limit is two fish per person within the four grouper per person aggregate limit.

If you plan to fish for gag grouper anywhere in Florida state or federal waters from a private recreational vessel, you must sign up as a state reef fish angler (annual renewal is required). To learn more, visit www.myfwc.com/srfs. Sign up at www.gooutdoorsflorida.com

Learn more about grouper at www. myfwc.com/marine by clicking on "Recreational Regulations," "Reef Fish" and "Groupers."

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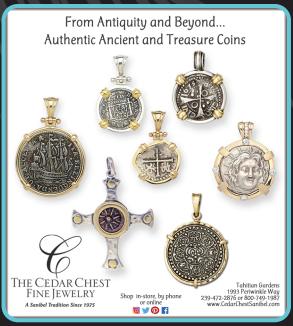
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Planners Approve Replacing Revetment

by Wendy McMullen

rip-rap revetment to replace an illegal one was approved by Sanibel Planning Commission on Tuesday but only after wide-ranging discussion covering baseball-size rocks turned into flying objects and the importance of uplighting in order to identify "Dinner Set Burglars" casing the joint.

The non-conforming rock embankment has existed since 2004 when Hurricane Charley necessitated emergency measures to protect the shoreline in the bayside ecological zone at 1248 Buttonwood Lane on the east end of the island, owned by Robert and Elizabeth Warren. The company that put in the non-conforming rock revetment without obtaining required city and state permits has since become bankrupt.

The owners subsequently obtained a permit to remedy the illegal structure but never had the work done, an act which both perplexed and angered the planning commissioners.

"I'm inclined to continue this until what's there has been brought into compliance," Commissioner Ty Symroski said. "I'm worried that they will not follow through on this permit just as they didn't the last one."

Bringing the existing rock embankment into compliance, however, means removing it. Since the proposed permit involved incorporating the existing rocks into the new revetment, this would mean redesigning the entire proposed project

Commissioners were somewhat mollified after attorney and former city councilman Jason Maughan explained the reason the former permit had never been acted upon.

"They had seen neighboring properties with rocks the size of baseballs turned into flying objects and rock revetment projects turn into a disaster," Maughan said, adding that these failed projects, along with medical issues, prevented the

owners from following through with a plan they knew would fail.

Another grievance commissioners brought forward was lights directed upwards into the palm trees bordering the property. Sanibel passed dark skies legislation in the late 1990s mandating that all lights be directed downwards to prevent light pollution and enable residents and visitors to appreciate the moon and stars.

There was a reason for that uplighting, Maughan explained. During the series of "Dinner Set Burglaries" in 1999, Warren became concerned about burglars casing their property. These burglars apparently climbed into trees in order to watch the property. When the owners had departed for dinner out at a restaurant, the watchers moved in and cleaned the place out. The lights were directed upward, Maughan said, to deter or detect these burglars.

That explained, Maughan urged the commission to take action now rather than continue the hearing.

"They've spent an obscene amount of money to make this right. We now know what needs to be done, and we have a nice tidy file of expensive science to know how it should be done. I can assure you that it will be done using the best science ever," he said.

Questions about this revetment creating a model for future erosion control structures and effects on neighboring properties were discussed amid urging from Symroski to determine why erosion is taking place in that particular area.

"Sand does not just disappear. It moves. I want to understand why it has moved," said Symroski, adding that people may blame sea level rise for erosion instead of sand movement.

Concerns about approving the rock revetment while the commission is studying different types of seawalls were overruled, lacking any sort of moratorium on seawall construction during the period of study.

Commissioner Eric Pfeifer moved to approve the proposed revetment with 17 conditions.

The rock structure will be partly subterranean and covered with sand

compatible with the sand found in the bay beach zone and planted with 1,000 one-gallon plantings designed to hold the sand together. These include sea oats, railroad vine, golden creeper, bay bean, ambrosia, seacoast marsh elder, salt meadow cord grass and sea purslane. The variety of plants is needed, Planner Kim Ruiz explained, in case one type fails

In addition, a minimum of 150 one-gallon native plants must be installed at the top and landward face of the revetment to replace exotic inkberry, which has to be removed. Suitable native plants for this area included muhly grass, sea oxeye daisy, dune sunflower, sea lavender, bay cedar, native inkberry and coco plum.

The proposed design will be placed three feet landward of mean high-water line and will consist of rip-rap boulders installed on a 3:1 slope that will be covered with sand and planted with native vegetation. The plans indicate that existing native vegetation along the shoreline will be preserved in place.

Because the proposed erosion control structure is sited landward of the mean high water line, there are no impacts to seagrasses, oysters, or other benthic resources. However, while less common than on the gulfside beaches, sea turtle nesting has been documented on the bayside of the island from Lighthouse Beach Park to Bailey Beach Park. Therefore, the work associated with the project, including the removal of unlawfully placed rip-rap and installation of the erosion control structure, will not begin until after sea turtle nesting season and must be complete before the nesting season in April 2022.

The erosion control structure design originally included a three-foot wide shell path on the crest of the erosion control structure, spanning the length of the structure. The owners request this in order to maintain existing uplighting of the palm trees and the native plantings to be installed on the erosion control structure. However, since the uplighting had to be removed and native plants will require little maintenance, this path was eliminated from the plan and replaced with a native vegetation buffer.

Sand to be placed on the erosion control structure has to be compatible with bayside beach sand, and filling or dredging below the mean high water line is not approved.

A request by Commissioner Karen Storjohann to have an after-action report to ensure that the project was carried through to completion was considered unnecessary.

"We do not allow a permit to exist and then just die off," assured Keith Williams, Sanibel's director of community services. "We don't close a permit without inspection."

"They do follow up on closing out the permits," agreed Commissioner Matt Kirchner, an island builder with direct firsthand experience of city permitting practices.

Ice Cream Shop To Reopen In New Location

by Wendy McMullen

Periwinkle Place will have a new establishment at its western entry, where the Fresh Produce clothing store was previously located.

Sanibel Planning Commissioners on Tuesday approved a conditional use permit for Pinocchio's Original Italian Ice Cream to open a carryout store with an adjacent deck.

The proposed 975-square-foot floor plan for the new store consists of one four-seat tabletop and three additional tables combined with bench seating for a total of 16 indoor seats. It will also have a point-of-sale countertop and glass ice cream/gelato serving area. The addition of a deck north of the building, to be built in the place of the three parking spaces in the front of the complex, will provide a bonus 16 seats.

Pinocchio's Original Italian Ice Cream originally opened on the east end of Sanibel in 1980. Current owners, Donna and Thomas Puma, are the store's fourth owners. They bought the store in 2007 and sold it in 2017, intending to open

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Minor Prophets

submitted by Tanya Hochschild, Bat Yam Temple of the Islands

Rabbi Stephen Fuchs of Bat Yam Temple of the Islands on Sanibel was asked to contribute a chapter on the Minor Prophets in Jewish Life today. This chapter was included in a book, *The Oxford Handbook of the Minor Prophets*, Julia M. O'Brien, editor, Oxford University Press, which was published in February 2021.

He began with the issue of gender, saying there was a time no one thought to refer to God in any way but in the masculine. This is not the case nowadays. The impact of female rabbis and modern biblical scholars has changed the way worship is conducted. Perspectives unheard of generations ago are gaining traction in today's temples, while at the same time, not undermining the messages of the prophets. It is Rabbi Fuchs' wish that we would find in contemporary Jewish life a more peaceful, just, caring and compassionate world, and it is Jewish study which will guide us to this goal.

Since the Jewish year begins with Rosh Hashanah, we look to Hosea's message on the sabbath which falls between Rosh Hashanah and Yom Kippur. The name of this sabbath is Shuva, which means both return and repentance. Hosea's message is so central to the message of the Days of Awe, the most solemnly sacred of the entire Jewish year of observance. It is a time of self-examination and repentance. Different examples are given to illustrate how even God showed a willingness to take Israel back after she had proved unfaithful by worshipping Baal and other idols.

The prophet Joel, who also preached repentance, is well known in Jewish youth movements. Debbie Friedman was inspired by his words to write a song, "And the youth shall see visions."

Amos is among the best known of the 12 prophets among contemporary Jews. He was a champion of social justice, so it is not surprising his words, "Let justice well up like waters and righteousness as a mighty stream," have been quoted by Martin Luther King Jr. and are in the minds of many social activists today. He rejected what he saw as insincere or hypocritical worship, which still strikes a deep chord in the heart of many a Jewish teenager. Rabbi Fuchs' remarks that there are many Jews who value social justice over ritual fidelity.

Obadiah was one of the minor prophets whose influence is in the Haftarah for the Torah portion Va-Yishlach, where Jacob wrestles with the angel. He receives the name Israel. It also describes Jacob reconciling with his brother, Esau. Obadiah highlights a negative perception of Esau, which courses through rabbinic literature. Rabbi Fuchs challenges the rabbinic tradition of the treatment of Esau, whom he feels is an innocent victim.

Jonah stands out from the other prophets. He has been said to be without insight, without foresight, without compassion and without courage, without energy and without initiative. Yet, within the book of Jonah are the answers to

our most important questions – who am I? Why am I here? What provides meaning to my life? Jonah is read every Yom Kippur afternoon and the readers are aware they are being given a second chance, as was Jonah. If God can forgive the evil people of Nineveh, then surely he can forgive us. This reluctant prophet's story is a key to examining our own shortcomings and recalculating the paths of our lives.

Micah's words about doing justice, loving kindness and walking humbly with your God is a clarion call to activists seeking social justice. Rabbis support this notion by quoting the binding of Isaac on the morning of Rosh Hashanah. By so doing, they are illuminating another of Micah's messages which

protests and rejects common pagan practice of human sacrifice. Micah's further contribution includes two original offerings. The hope that one day we shall all sit under our vines and our fig trees with nothing to cause us fear. This is surely the highest hope of God; and secondly, Micah fervently endorsed the practice of not only tolerance, but respect and affirmation for other religions. The Jewish ritual of Tashlich is based on Micah's words addressing a God who pardons sins, a God who does not retain anger forever, who will have compassion upon us... and then Micah concludes, "You will cast (tashlich) all of our sins into the depths of the sea..."

The first armed struggle in history for the cause of religious liberty is celebrated

each year as Chanukah the Festival of the Lights. The prophet Zechariah's vision of a rebuilt temple is closely associated with this festival. The Haftarah for the sabbath during Chanukah speaks of Zechariah. The significance of his vision goes even further. Today, it is understood to symbolize the future of Jewish life and as a reminder that no outside force has ever destroyed us.

Malachi appears in two Haftarah readings. In the first, he joins Obadiah in vilifying Esau. His second contribution is far more positive. On the sabbath before Passover, we read how Malachi predicts a time when the world will live in peace and harmony, and he says Elijah will be the herald of such a time. Countless

continued on page 10





William Joseph Peckham with a Florida pompano, left, and the record-breaking 2.4-pound gulf kingfish, right, caught off Pensacola Beach

New Record For Gulf Kingfish

Tilliam Joseph Peckham caught the gulf kingfish (whiting) of a lifetime on April 18 while fishing off Pensacola Beach. His 2.4-pound catch beat out the previous Florida Saltwater Fishing Record of 2.19 pounds. "I've had so many exciting, memorable experiences fishing on Pensacola Beach," said Peckham. "Catching this recordbreaking whiting tops the list."

Want to land the next state record?

It's simpler than you think. There are no records listed yet for white grunt, blueline tilefish and schoolmaster snapper conventional tackle categories, as well as many fly-fishing tackle categories, giving anglers an opportunity to hold the record for these species.

The Florida Fish and Wildlife Conservation Commission (FWC) maintains state records in conventional tackle and fly-fishing categories for 81 species caught in Florida state waters and federal waters. Saltwater record holders receive a certificate of accomplishment, prize pack, recognition in various

publications and a custom ink fish print to memorialize their catch, courtesy of Fish Print Shop.

To qualify for a record, the catch must be weighed with a certified scale on land and photographs must be submitted clearly showing the weight displayed on the scale, the scale's certification, the rod and reel used to make the catch, the angler with their catch and various views of the fish for identification purposes. The angler's signature on a completed application form must be witnessed by a notary.

For more information and to view current records, visit www. catchafloridamemory.com and click "Records," contact ÁnglerRecognition@ myfwc.com or call 850-487-0554.\$

Bat Yam Temple Shabbat Services

at Yam Temple of the Islands will hold monthly Shabbat worship services until September on the following Fridays at 7 p.m.:

June 4 – Alan Fisher, Mike Raab and Riv Swartz

July 2 - Tanya and Michael Hochschild, Elissa Karasin Samet and Mike Samet

August 6 – Annette Pacyga, Sheila Sklar and Howard Lorsch

Services will be held in Fellowship Hall at Sanibel Congregational United Church of Christ. Masks and social distancing guidelines will be followed. Look for

the Zoom link on your email notice if you wish to attend virtually. Send any questions to batyamsanibel@gmail.com.

Blue-Green Algae Spotted In Caloosahatchee

he Sanibel-Captiva Conservation Foundation (SCCF) Environmental Policy team took their new drone to document conditions in the Caloosahatchee on May 19. The team documented blue-green algae at the Franklin Lock (S-79) in Alva and at the Moore Haven Lock (S-77). Flows from Lake Okeechobee were cut back from 2,000 cubic feet per second (cfs) at the Franklin Lock to 1,500 cfs on May 15.

SCCF Environmental Policy Associate Leah Reidenbach photographed the blue-green algae at the Moore Haven Lock. SCCF Hydrologic Modeler Paul Julian also joined the team on the trip to see the conditions firsthand.

"With the blue-green algae coming down the river, we are happy to see the corps (Army Corps of Engineers) cut back on flows down the Caloosahatchee. The lake levels are still high and the corps will have to figure out where to send the water, but we certainly don't want water filled with blue-green algae when we have a red tide bloom intensifying along the Southwest Florida coast," said SCCF Environmental Policy Director James Evans.₩



From page 9

Minor Prophets

generations whose lives were marked by poverty and persecution read the dozens of Elijah stories that appear in Midrash. This gave them the incentive to hold on to the hope that new and better times were ahead. Contemporary Jews welcome Elijah's presence at the

birth of a child, at the end of Shabbat, in the Passover seder and at the end of Yom Kippur. We cherish his role at each of these occasions and find inspiration during these rituals, proving that the seed planted by Malachi is still growing.

Rabbi Fuchs concludes that the minor prophets are not minor at all. They inspire our efforts for social justice, encourage our repentance and fuel hope the world can be better than it is.

THE QUESTIONS ARE SIMPLE:

Should the Island Senior club have a permanent home in the existing facility they have enjoyed since 1993 and operate independently at the discretion of their Board?

Should the City of Sanibel have a new multi-million-dollar **Center 4 Life building to** compete with the Recreation **Center and Community House?**

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From left, SCCF's Native Landscapes & Garden Center Manager Becca Grotrian with Shell Islands Garden Club representatives Gwenda Hiett-Clements, vice-president; Irene Nolan, treasurer; and Lisa Newmeyer-Cochrane, president photo provided

Garden Club Supports SCCF Intern Program

art of the Shell Islands Garden Club's mission is "to help conserve natural resources and to promote environmental responsibility.

To support that mission, the garden club donated \$1,000 this year to the Sanibel-Captiva Conservation Foundation (SCCF) Native Landscapes & Garden Center intern program.

The donation helps fund operational expenses for interns who gain hands-on experience from their time working at the garden center, located at SCCF's Bailey

Homestead on Periwinkle Way.

Lisa Newmeyer-Cochrane, garden club president, said, "We are so happy to continue to support the interns. The program gives interns the opportunity to see firsthand what a career in native landscaping can be. That's such a valuable part of their education. Becca (Grotrian, manager) is so appreciative of our support."

The Garden Club members did not meet during the past year, but plans are being made to resume a regular meeting schedule in the fall. Shell Islands Garden Club meets the second Tuesday of each month from October through May. Most meetings are held at The Community House. For more information visit www. sanibelgardenclub.org.☆



Biscuit, the gopher tortoise

Local Restaurant Hosting Evening Benefit For CROW

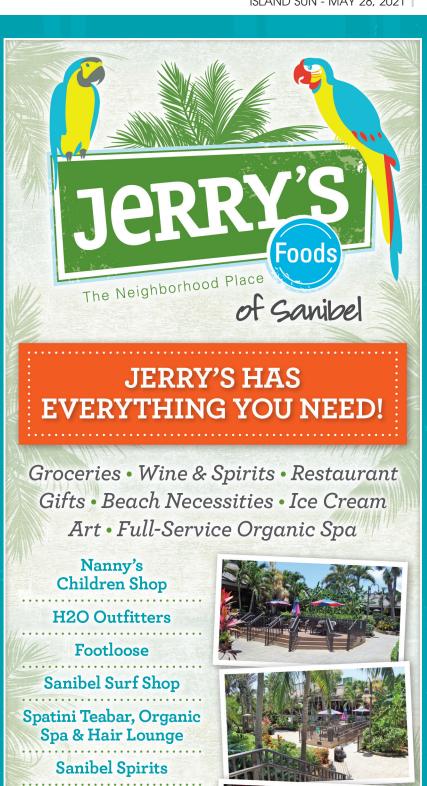
ipsy Turtle Restaurant and Back Bar will host a fundraiser for Clinic for the Rehabilitation of Wildlife (CROW) on Tuesday, June 1 from 5 to 8 p.m. It will be a family friendly night of dining in support of native and migratory

Themed Tipsy Tortoise Night,

CROW's Animal Ambassador Biscuit, the gopher tortoise will be on hand to greet patrons while CROW's education staff shares facts and information about this keystone species. While diners learn more about wildlife rehabilitation and native wildlife, Tipsy Turtle will donate 50 percent of food and beverage sales from that evening to help wildlife recovering in CROW's hospital.

The "wild" nights at Tipsy Turtle, located at 1223 Periwinkle Way, will continue to take place on the first

continued on pag 16







of live parrots in the courtyard!

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Native privet wild sensitive plant is the larval host plant for the sleepy orange and cloudless sulphur butterflies photos by Gerri Reaves

Plant Smart

Privet Wild Sensitive Plant

by Gerri Reaves

rivet wild sensitive plant (Senna ligustrina) is a native shrub of the pea family with attractive foliage and butterfly-attracting showy flowers. It is the larval host plant for the

sleepy orange and cloudless sulphur butterflies, as well as the orange-barred sulphur butterfly, which was introduced to the state in the 1920s. Various pollinators visit the flowers, particularly bumblebees.

Other common names are privet senna and privetleaf senna.

In the wild, this perennial shrub grows in hammocks, at forest edges and along roadsides. It usually reaches four to eight feet tall with an almost equal

The fruit is a flat pod

width. The bark is dark brown.

Evergreen leaves are pinnately compound and have six to 11 pairs of alternate linear pointed leaflets.

One odd fact about the plant: glands at the base of the leaves exude a sweet substance that attracts ants that kill caterpillars, thus preventing their consumption of the pretty leaves.

Five-petaled flowers appear in open clusters at the branch ends. They are butter-yellow, often with brownish dots.

They bloom year-round, but more profusely in late spring and early autumn, when the nights are longer, thus the description "short-day plant." Give this fast grower full sun to

partial shade. It tolerates drought very well, but not salt, and prefers welldrained dry or slightly moist sandy soil.

It will grow even in nutrient-poor soil, but for best result, give it some organic content.

The thin flat pod is about five inches long and brown when mature.

Propagate it with seeds, or let it self-sow, which it readily does.

It can be grown in a large container

Sources: A Gardener's Guide to Florida's Native Plants by Rufino Osorio, Native Florida Plants by Robert G. Haehle and Joan Brookwell, The Shrubs & Woody Vines of Florida by Gil Nelson, www.flawildflowers.org, www.floridanativegarden.wordpress. com, www.fnps.org, and www. plantbook.org.

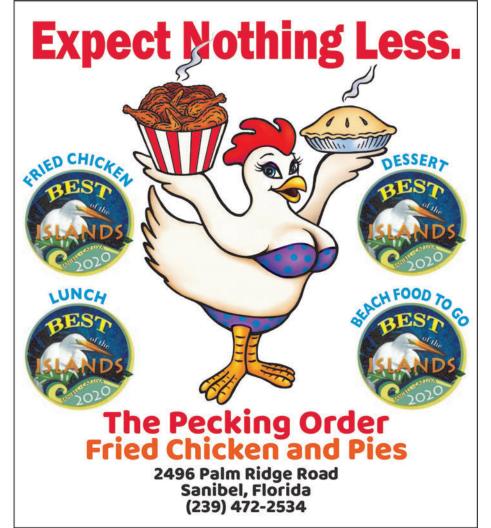
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Wind And More Wind



by Capt. Matt Mitchell

fter yet another week of what seemed like nonstop winds, getting clients out on the water for several days was a Ltough proposition. Catching snook and redfish in these conditions is possible if you are tucked away, but when your clients have tarpon charters booked, this open water style of fishing is almost impossible.

We had a big high pressure stuck on top of us for an entire week, and winds blew from the east at 20 to 30 mph everyday. I felt so bad for clients that had multiple days booked with us for tarpon fishing this past week. Our conditions went from bad to

worse. When you are making a long trip from out of town to chase tarpon and you get weather like that, it just sucks. No matter how well planned a trip is, it's still up to Mother Nature if you're gonna get a shot at one of these magical fish.

As I'm writing this, it's looking like we will finally get a break from these extreme

conditions. Water temperatures have dropped back into the mid 70s, and tarpon have gone back into what seems like an early season pattern. Deeper channels in the southern sound from the causeway and just off the intercoastal were the best bet for anglers soaking cut baits on the bottom. During the choppy conditions, it was hard to spot any fish up on the surface unless they free-jumped or were hooked up.

While set up in a pack of boats in one of the many finger channels between Tarpon Bay and St. James City Saturday, we watched several boats hook up on tarpon. After soaking cut fresh mullet on the bottom, it took us only 10 minutes to get that muchawaited bite. After a crazy drag-screaming, 200-yard first run, we dumped the anchor buoy and gave chase to this jumping tarpon. We ran the boat and finally got some line back on the reel, managing to get this big fish under control. Once the tarpon was at the boat, I got a face grab and removed the circle hook while getting a few quick pictures. I'd estimated the fish to be around 120 pounds. At one point, there where three boats hooked up at the same time. After coming back to our marker buoy, we set up again. As quick as the bite had started, it was done.

With better conditions on the way this week, tarpon fishing should gradually improve. Consistent weather and light winds will give us much better opportunities for catching tarpon again.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.☆



Mary Laser with her first tarpon of the season

photo provided







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CROW Case Of The Week: Chuck-Will's-Widow

by Bob Petcher

he Chuckwill's-widow (Antrostomus carolinensis) is a nocturnal bird that roosts during the day, regularly on the ground. It has a flat head and long wings, and its brownish color

allows it to be well-camouflaged.

At CROW, a nestling Chuck-will'swidow was admitted after it fell from its nest in Lehigh Acres. Upon initial examination, the nestling was in reasonably good body condition with no significant findings. As an apparently healthy orphan, the patient was transferred to rehab for care. The patient was given oral fluids and put on an hourly feeding schedule.

"It is receiving supplemental feeds as it is too young to eat on its own at this point," said CROW Rehabilitation Manager Breanna Frankel. "They are an insectivorous species, meaning they eat insects. Due to it being so young, we are using an insectivore pellet diet created for insectivorous species. The pellets are soaked and softened for added hydration and ease of digestion."



Patient #21-2574 will need to grow and mature prior to release

photo by Haillie Mesics

The young patient has been eating well and maintaining a healthy weight, and its feeding frequency has lightened since

"The feeding schedule was originally every hour from 6 a.m. to 8 p.m. - 15 times per day - and has already decreased to every 1.5-hour feeds, 10 times per day," said Frankel. "It is gaining weight appropriately and growing very quickly.

While the patient appears stable, it will remain under close monitoring and continues to receive supportive care.

The patient will be closely monitored throughout its entire stay at ĆROW," said Frankel. "The likelihood of an underlying injury is minimal because this species nests on the ground. They do not build nests, they just deposit the eggs in an area of their choosing, and the young chicks are semi-precocial, meaning after they hatch, they are able to walk within the first day but still require feeding and thermoregulation assistance from the parents.

The nestling probably should have been left alone and not brought to CROW.

This is likely the case of an 'abducted' animal because this species nests on the ground, not in trees, and the nestlings are able to walk around within a day of hatching. The parents continually care for the young while they are on the ground until they are able to fly," said Frankel. "Our 'If You Care, Leave It There," program is crucial for many of our young wildlife species in Southwest Florida. It encourages well-meaning individuals who find babies on the ground to observe the baby and monitor for parents – or call CROW – prior to intervening. Sometimes it may take a parent 15 minutes to find food to bring back to baby, sometimes it may take a couple hours depending on the species. The best thing for young wildlife is to be left wild and raised by their parents - we are not their best option, we are their last option.

Due to its age, the patient will need to stay at CROW or another wildlife rehabilitation center until it is able to fend for itself.

'The nestling is gaining weight quickly and growing quite well. We will continue to monitor its development through the nestling period and continue to wean it onto whole insects," said Frankel. "We will be looking for another Chuck-will's-widow or nightjar species to cohabitate with this one and, when ready, move outside for flight conditioning then consider release, but that may be a month away or so."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.☆



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On May 7, SCCF daytime tagging intern Hollis Hatfield found her first loggerhead nest of

Sea Turtle Nesting Season Off To A Promising Start

ea turtle nesting season has started to pick up speed. The current numbers from Sanibel-Captiva Conservation Foundation (SCCF) are 60 on Sanibel and 25 on Captiva.

So far, the counts are on pace with 2019, a strong year that finished with 848 total nests," said SCCF Coastal Wildlife Director Kelly Sloan. "It's still too early in the season to know how things will shake out, but we are hopeful for another great year."

Since May 1, the nighttime tagging team has seen 29 females who have nested here in the past. One of the returning loggerheads, and one of the biggest, Paper Fig, was counted in 2016 and 2019 prior to being seen this year.

She has laid eight nests on Sanibel during the past three years.

The first green sea turtle of the season, Dellora, false crawled on the west end before finally nesting a few days later. Dellora previously nested on Sanibel in 2018 and 2019. She was outfitted with a satellite transmitter in 2017 on Keewaydin and in 2018 on Sanibel. Her transmitter shows that she cruises around the western Florida Bay when she is not nesting. SCCF staff is hoping to see other

FWC Continues Efforts To Protect Goliath Grouper

t its May meeting, the Florida Fish and Wildlife Conservation Commission (FWC) listened to a presentation and stakeholder input on goliath grouper in Florida state waters.

The commission directed staff to continue ongoing efforts that recognize goliath's role in the ecosystem and promote stock rebuilding while allowing access to goliath through catch-and-release, ecotourism and dive viewing opportunities.

They also directed staff to develop a proposed draft rule for consideration by the commission at a future meeting that would build on existing access opportunities for goliath by considering a limited, highly regulated harvest.

"We should applaud our successes," said FWC Chairman Rodney Barreto. "I'm in favor of coming back with a very delineated list of line items for a limited take that wouldn't disturb the dive industry and would provide additional access to this fishery. Just because we've been doing something for 30 years doesn't mean we need to keep doing it the same

"I'm not suggesting we do this at the end of the day but I am saying we should direct staff today to move forward, con-

tinue to gather input on this and see if we can't come up with a win-win for all stakeholder groups," said FWC Commissioner Robert Spottswood.

The FWC will continue to monitor the status of the stock using alternative metrics approved by the commission in 2018.

Learn more about goliath grouper at www.myfwc.com/marine by clicking on "Recreational Regulations" and "Goliath Grouper" under the "Reef Fish" tab.

View the commission meeting presentation at www.myfwc.com/commission by clicking on "Commission Meetings" and the agenda under "May 12-13, 2021." 以

From page 11

Benefit For CROW

Tuesday of each month. A different animal ambassador will be in attendance for each event.

As a 501(c)3 nonprofit, CROW relies on donations from the community, funds raised through events, admission to its visitor education center and foundational grants to treat thousands of animals admitted to its hospital each year.

The CROW Visitor Education Center is located at 3883 Sanibel-Captiva Road. It is open Monday through Saturday from 10 a.m. to 4 p.m. For more information, visit www.crowclinic. org. If you find an animal that is in need of help, call 472-3644 ext. 222.

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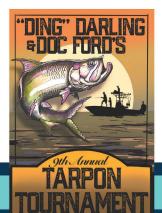














The Green Star Snail



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

p to this day, for the past seven years, I have been covering mostly Sanibel

and Captiva mollusks and their shells. Today, I am expanding the "Shell of the Week" column to include species found elsewhere in Florida. Let's start with the Green Star Snail, Lithopoma tuber (Linnaeus, 1758). The species has a thick, heavy shell that may exceed 75 mm (three inches), and is covered with a simple sculpture of raised knobs and finely etched, intersecting lines. But the eye-catching feature of this shell is its greenish color, which is relatively uncommon in mollusks. The species lives on rocky areas of Southeast Florida, the Keys and parts of the Caribbean. Read more about mollusks and their shells at www.shellmuseum. org/shell-guide and www.shellmuseum. org/blog.
The Bailey-Matthews National Shell

The Bailey-Matthews National Shell Museum is open from 10 a.m. to 5



The Green Star Snail, Lithopoma tuber, from Grassy Key, Florida Keys

photo by James F. Kelly

p.m. daily. Safety measures have been put in place, and staff and visitors are required to wear face masks.

Your gift helps ensure that our staff and animals remain healthy. To make a secure donation, visit our website at www.shellmuseum.org.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. For more information, call 395-2233.

American Legion Post 123

merican Legion Post 123 is having a Backyard BBQ Party from noon to 8 p.m. this Sunday, May 30. Stop by for live music, burgers, bratwurst and sides. All are welcome.



There will be a fish fry on Sunday, June 6 from noon to 8 p.m.

On Tuesdays, tacos are served all day. Steak and cheesesteak sandwiches are served on Fridays. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m. Sunday specials are served from noon to 8 p.m.

The first Thursday of the month is Open Mic Night from 6 to 9 p.m.

The 8-Ball Pool League plays at 5 p.m. on Monday nights. There are two tables in play. Come out and watch the action.

If you have a flag that needs to be retired, you can drop it off at Post 123.

American Legion member eligibility dates are November 11, 1918 through present. All veterans are welcome.

Post 123 is a non-smoking facility with an outside area available for smokers. It is located at mile marker 3 on Sanibel-Captiva Road, open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. For more information, call 472-9979.







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Ride Of Silence Honors Killed Or Injured Cyclists



by Allison Havill Todd

ore than 40 Sanibel cyclists turned out on the evening of May 19 for the 21st anniversary of the Ride of Silence. The event has been hosted locally by

the Sanibel Bicycle Club, Billy's Bikes and Matzaluna restaurant since 2008. and is part of a worldwide event that was initiated in 2003 by a group in Dallas, Texas to commemorate a fellow cyclist who was killed by a motorist while riding his bike.

The Ride of Silence, which is held during National Bike Month, takes place on the third Wednesday in May at 7 p.m. every year in hundreds of different locations spanning 17 countries and six continents. Thousands of cyclists around the globe take to the roads in a silent procession to honor cyclists who have been killed or injured while cycling on public roadways and to raise awareness among motorists, law enforcement and city officials of cyclists' legal rights on our roadways, encouraging all to share the



Sanibel cyclists gather for the Ride of Silence

road in a safe manner.

This year's event was kicked off in the parking lot of Matzaluna restaurant with brief announcements by Sanibel Bicycle Club board members Tom Sharbaugh and me, along with safety suggestions from Salli Kirkland of Billy's Bikes and a reading of the Ride of Silence poem before cyclists lined up to traverse the seven-mile route in a slow, silent procession. In the interest of safety, helmets were required and bicycle lights were strongly encouraged. Many cyclists also donned neon colored vests provided by Billy's Bikes to improve their visibility

to pedestrians and motorists. Sanibel Police Officer Rick Kennedy, along with other members of the police department, provided support at all road crossings as

More people are riding bicycles than ever before for exercise or to avoid crowded modes of public transportation. The uptick in cycling fatalities is outpacing the increase in ridership, though this trend is not repeated in European countries where bicycling is more commonplace than it is in the United States and bicycling infrastructure is often a major area of focus, investment photo by Allison Havill Toda

and innovation. Delving into various reasons behind the increasing death toll, Outside magazine conducted an extensive multi-year study which cites that Americans are driving at faster speeds and logging more miles in their vehicles and are also distracted by their phones, navigation systems and other in-car infotainment screens. The magazine also shared that "The increasing size of all of our SUVs and pickup trucks, which are more likely to cause death in a collision with a pedestrian or cyclist, also come under the microscope.

These are all reasons supporting the









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Scene from Duisburg, Germany event, 2020

mission of the Ride of Silence to not only honor fallen cyclists but to continue to raise awareness with the general public about sharing our roadways in a safe and respectful manner for all.

Allison Havill Todd lives on Sanibel Island with her husband and two rescue dogs. She is an avid dog lover, business coach and active outdoor enthusiast. When she's not out with her dogs, you will see her running, cycling, paddling around the island. Follow her on @ thedoggiemom and facebook.com/ thedoggiemom.☆

photo courtesy Wolfgang Dewald

Shell Found



Suzanne Knox

photo provided

uzanne Knox of Estill Springs, Tennessee found this totally intact beauty while shelling one early morning near Tarpon Beach Condominiums on West Gulf Drive. The true tulip measures 5 ½ inches from tip

Mosquito Control Service Requests For Sanibel

he Lee County Mosquito Control District (LCMCD) provides mosquito control for Sanibel and all of Lee County. Mosquito season typically runs from May through October and mosquito activity increases with rain, particularly after heavy rains that produce large areas of standing water. Due to the abundance of mangroves, wetlands and salt marshes, Sanibel is a prime breeding ground for mosquitoes.

If you are experiencing a high number of mosquitoes at your residence, make a service request by contacting the LCMCD directly at 694-2174. If the LCMCD receives complaints from a specific area or neighborhood, the district will dispatch personnel to conduct a mosquito count and, if warranted, will fog or spray the area. For more information regarding mosquito control on Sanibel, visit Lee County Mosquito Control District's website at www.lcmcd.com.☆





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Turnips And Rutabagas





by Chef Jarred Harris

he turnip is a delicious vegetable that is a member of the Brassicaceae family, which includes Brussels sprouts, broccoli, cabbage and cauliflower. Turnips have a sweet, peppery, radish-like taste and are used in soups, stews and casseroles. Turnip leaves are delicious as well. They taste like mustard greens and can be cooked like spinach, used fresh in salads or juiced.

Turnips were first cultivated during the 15th century BC in India. They were grown for their seeds, which were used to make oil. Turnips were a staple food source for Ancient Greeks and Romans. They also used the vegetable for animal

Rutabagas are also known as yellow turnips, "neeps" and Swedish turnips

or "Swedes." Many call them "the ugly vegetable I don't know how to cook. Rutabagas are a hybrid vegetable. They are a cross between turnips and cabbage, and they have a slightly sweeter taste than the turnip. They were first found growing wild in Sweden around the 1620s. Rutabagas were first cultivated in Scandinavia. Rutabagas reached North America around 1817 and were first grown in Illinois.

Turnips and rutabagas are rich in dietary fibers, vitamins C and B6 and potassium. The leaves of the plant have more nutritional value than the root. The leaves contain vitamins B6, E, K, A and C. They also contain calcium, copper, iron and manganese.

Here is a simple recipe to try:

Parmesan Crusted Turnips

Ingredients

12 small to medium turnips, peeled Salt

2 tablespoons olive oil 3 cloves garlic, minced

Freshly ground black pepper

1 cup freshly grated Parmesan cheese

(or as needed)

Chopped fresh chives Method

Place peeled turnips in a pot of salted water to cover. Bring to a boil. Cook 20 to 30 minutes or until turnips can be pierced easily with a paring knife. Drain. Let cool slightly.

Preheat oven to 375 degrees.

Place the turnips on a clean kitchen towel or double layer of paper towels. Gently press each one down until it's

approximately ½-inch high. Let them drain for 15 minutes then carefully flip them over onto a dry section of the towel or onto fresh paper towels so the other side drains and dries a bit.

Combine garlic, olive oil, salt and black pepper in a small bowl.

Line a baking sheet with parchment paper or nonstick aluminum foil. Place the flattened turnips on the lined baking sheet. Brush each turnip with a little of the olive oil and garlic combination. Sprinkle Parmesan cheese over each turnip, gently pressing it down.

Carefully and quickly flip each turnip

over. Repeat with the remaining olive oil and garlic combination and cheese.

Bake for 20 to 25 minutes. Flip each turnip and bake an additional 15 minutes. Garnish with chopped fresh chives and

Although I have retired early and am no longer the resident chef at The Community House, my heart is still with the members of SCA and the Sanibel community. I will continue to share my knowledge and recipes with you. Please be a patron of The Community House and the Culinary Education Center.

Season Closing For Snook Harvest

he recreational harvest of snook in Atlantic state and federal waters has a regular season closure that starts on June 1.

Snook are one of the many reasons Florida is the Fishing Capital of the World. Seasonal harvest closures and anglers using proper handling methods when practicing catch-and-release measures help conserve Florida's valuable snook populations and can ensure the species' abundance for anglers today and generations to come.

To learn more and see a video about catch-and-release fishing and the best way to handle a fish, visit www.myfwc. com/marine and click on "Recreational Regulations" and then "Fish Handling

Tips." If you practice catch-and-release fishing during the closed season, you can still contribute to data collection by submitting your catch information for this and other species through the iAngler app. For more information, visit www. angleractionfoundation.com.

Learn more about recreational fishing at www.myfwc.com/marine by clicking on "Recreational Regulations." \square

From page 1

Food Pantry

seeing the light at the end of the tunnel. Our reopening to in-person visitors is just one small step toward a sense of normalcy that I think everyone is looking forward to," said Espinoza.

For more information about services and programs offered by FISH, visit www.





Grow Your Own Refreshing **Cucumbers**

by Melinda Myers

dd a cool refreshing twist to your meals, beverages, appetizers and snacks with cucumbers. These popular vegetables are grown worldwide, adding anti-inflammatory vitamin K, vitamins C, B-5 and other nutrients to your meals. Take it a step further by using your own fresh-from-the-garden cucumbers.

Grow cucumbers sprawled on the ground or in a container on your patio, balcony or deck. Save space and train them up a decorative support. They make great vertical accents in containers as well as edible and ornamental gardens. Going vertical not only saves space, it improves productivity by reducing disease problems while also making harvesting easier.

You will find a wide variety of cucumbers available from seed company catalogs and on the seed racks of your favorite garden center. Check with your local Extension service website for their recommendations for your location.

Select the best cucumber for your garden space, meals and snacks. Bush types like salad bush produce eight-inch slicing cucumbers on a small plant. Spacemaster is a compact plant, spreading 24 inches and suitable for



After the first flush of flowers, male and female flowers will appear for bees to pollinate and cucumbers to develop photo courtesy MelindaMyers.com

containers and hanging baskets. All-America Selections winner Saladmore Bush is another semi-bush plant that starts producing cucumbers in 55 days from planting.

Green Light is a 2020 All-America Selections winner that produces an abundance of great tasting mini cucumbers. Grow to the other extreme with burpless-type cucumbers that can

be harvested when much larger. They have been bred to contain little or no cucurbitacin that causes bitterness and the tendency to burp when consumed.

Plant seeds one-half to one-inch deep in properly prepared soil. Plant several cucumber seeds in a large container or in rows or hills in the garden. Space seeds 12 inches apart in rows 36 inches apart. Or plant several seeds in hills (small

mounds of soil) spaced 36 inches apart.

Water thoroughly and often enough to keep the soil slightly moist. Apply a one- to two-inch layer of shredded leaves or other organic matter over the soil surface to conserve moisture, suppress weeds and reduce the risk of soil-borne

Watch for the first flush of flowers in 50 to 70 days after planting. The first set of flowers are all male flowers, so no fruit can form. Soon male and female flowers will appear for bees to pollinate and fruit to develop.

Harvest your cucumbers based on how you plan to use them. Pick when one and a half to two and a half inches long for making sweet pickles and three to four inches for dills. Harvest slicing cucumbers when the fruit is firm, green, crisp and six to eight inches long. Burpless-type cucumbers will maintain their flavor at even larger sizes. Check the seed packet for harvesting directions.

With proper selection, planting and care, you will be rewarded with an abundant harvest. So be prepared to enjoy, preserve and share your homegrown fresh cucumbers.

Melinda Myers is the author of more than 20 gardening books, including Small Space Gardening. She hosts The Great Courses How to Grow Anything DVD series and the nationallysyndicated Melinda's Garden Moment TV and radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine. Her website is www.MelindaMyers.com.☆





Guava Barbecue Wings

24 chicken wings (separated into 2

- 1 (14-ounce) brick guava paste
- 12 ounces guava nectar
- 1/4 cup honey
- 1 onion, diced
- 1 tablespoon ancho chili powder
- 1 tablespoon cumin
- 1 tablespoon garlic powder
- 2 tablespoons black pepper
- 3 cups ketchup
- 2 tablespoon soy sauce
- 2 tablespoons Worcestershire sauce
- 2 tablespoon all-purpose seasoning (divided)

Fresh herbs for garnish, finely chopped (such as parsley, cilantro, or

Sea salt and fresh ground pepper, to taste



Guava Barbecue Wings

photo courtesy Fresh From Florida

In a medium sauce pot combine all ingredients except for the wings and 1 tablespoon all-purpose seasoning. Cook over low-medium heat until the guava paste is dissolved, about 30 minutes. Taste and adjust seasoning as needed. Remove from heat and set aside.

Preheat oven to 300 degrees. Spray a baking sheet with nonstick spray. Spread out wings in one layer, season with remaining 1 tablespoon all-purpose seasoning and bake for 45 minutes. Turn oven up to 425 and bake for additional 15 minutes or until golden brown and crispy. Remove from oven and toss with guava barbeque sauce and garnish with chopped fresh herbs. Serve warm.

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The zebra longwing (Heliconius charithonia) butterfly is the official butterfly of the State of photos provided

Meet The Natives: Zebra Longwing **Butterflies**

The zebra longwing (Heliconius charithonia) butterfly is named for its striped wing pattern. The wings are black with pale yellow strips. The caterpillars are white with black spots and hairs. It is the official butterfly of the State of Florida and can be found throughout the state. The zebra longwing is active yearround in warm climates.

Zebra longwings are different from most butterflies because they eat pollen and sip nectar. Eating pollen gives them more protein and extends their life. They can live up to three months while most butterflies only live a few weeks. Butterflies that feed on pollen are also more distasteful to predators because the pollen's amino acids create toxicity in the adults and in the caterpillars.

The corky-stemmed passionflower (Passiflora suberosa) is one of just a few plants that the zebra feed on and lay their eggs on. The corky-stemmed passionflower has tiny hairs on the tops of the leaves. Therefore, the caterpillars are more likely to be found on the underside or edges of the leaves. There is no need for the caterpillars to hide from predators; the distinctive markings of the zebra caterpillar are a warning of their toxicity.

The caterpillars feed on the leaves of the corky-stemmed passionflower until it is time to form the chrysalis. The light brown chrysalis resembles a dried-up leaf. The zebra longwing butterfly can go from egg to butterfly in a little over three weeks. Adult butterflies sleep or roost in groups at night, on the same perch night after night.

The corky-stemmed passionflower is a flowering vine with small white to light green flowers. The leaves can vary from one to three lobes. It can be grown on a trellis, up a tree or as a ground cover. It can handle full sun to part shade and does not need additional supplementation after established.

The Sanibel-Captiva Conservation Foundation (SCCF) Native Landscapes & Garden Center at Bailey Homestead Preserve, 1300 Periwinkle Way, is open Monday through Thursday from 10 a.m. to 3 p.m. and offers contactless deliveries and curbside pickup. Place your order



The zebra longwing caterpillar

online at www.sccf.org by midnight on Tuesday for pickup or delivery that Wednesday.

Email Sue Ramos, garden center assistant, at sramos@sccf.org with any questions or requests. SCCF members get a discount by entering the promo code: SCCFMBR10.⇔

Amberjack, Gray Triggerfish Season Closes Tuesday

he recreational harvest of greater amberjack and gray triggerfish in Gulf of Mexico state and federal waters closes on June 1 and will remain closed through July 31, reopening August 1. Seasonal harvest closures help conserve Florida's valuable greater amberjack and gray triggerfish populations and improve these fisheries for the future.

If you plan to fish for amberjack or gray triggerfish anywhere in Florida state or federal waters from a private recreational vessel, you must sign up as a state reef fish angler (annual renewal is required). To learn more, visit www.myfwc.com/srfs. Sign up today at www.gooutdoorsflorida. com.

Learn more about recreational fishing at www.myfwc.com/marine by clicking on



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When The Stars Go Dark



by Di Saggau

In her latest novel When the Stars Go Dark, Paula McLain draws upon her own history. What the main character, Anna, knows and thinks about the hidden scars of sexual abuse, the author

knows as a sexual abuse survivor.

McLain set the story in Mendocino, a small coastal town in Northern California where she spent time in her 20s. It was a time of pre-DNA, pre-cellphone, and before the Internet had exploded. While digging into research she learned that, in 1993, a rash of real-life abductions of young girls had occurred in the same geographical area and time frame she was exploring, most notably the kidnapping of 12-year-old Polly Klass.

The novel opens in 1991. A personal tragedy has caused Anna, a seasoned missing persons detective, to take to the road, leaving her job, husband and baby son behind in San Francisco. Her first day in Mendocino, she spots a flyer pinned on a message board about a 15-year-old girl named Cameron Curtis, who disappeared the previous day. It turns out, she's one of several missing girls in recent months.

As past and present collide, we learn

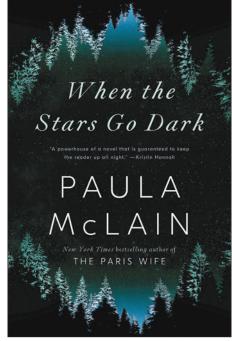


image provided

about Anna's troubled upbringing and the life she is fleeing. McLain carefully weaves fictional victims with actual kidnapping victims. In the end, this intense story of tragedy ends with a message of hope. Her characters are interesting and well defined.

characters are interesting and well defined. Kristin Hannah said, "When the Stars Go Dark is a beautifully written, sharply observed literary thriller with an extraordinary, unforgettable heroine... An unflinching look at the long shadow cast by trauma and the resilience it takes to survive, this is a novel of both great sadness and great beauty."

School Smart



by Shelley M. Greggs, NCSP

Dear Shelley,
During our quarantine, we got a little loose about screen time rules with our kids. Now that they're back in school, we are having a hard

time bringing back our rules. What might help?

Brenda L, Cape Coral

Brenda.

Screen time has become a part of many kids' days, especially through our quarantine period. And it's normal for kids to have trouble going back to previous rules. Consider how your family approaches turning off screens. Think about what is currently happening and what you want to see happen; then have a family discussion about this topic to develop expectations and rules.

Here are a few ideas about screen time that might make it easier for you and your child to follow family rules according to www.understood.org:

"Before screen time starts, set clear expectations around how much time your child gets, whether it's 20 minutes or two hours. When time's almost up, give your child a warning.

Or you can look for a natural stopping point – like the end of a round in a game or the end of a show. Agree ahead of time that this is when your child will turn it off.

Make sure your child is paying attention when you say to turn it off. Have your child look at you and repeat what you've said.

If nothing happens, go over and put a hand on your child's shoulder. Try not to talk or yell from another room or while you're doing other things.

Let your child know what to do after

turning off the screen. It's easier to 'shift gears' if there's something specific to shift them to."

Having appropriate focus is another reason children have difficulty with disengaging from screen time. Children who struggle with focus sometimes become so involved with their screens that they become hyperfocused, ("an intense fixation on an interest or activity for an extended period of time"). They are so immersed in their activity that they can't pull themselves away. They can't stop thinking or talking about what they're watching or playing, and struggle to turn it off mentally and even physically. Your child may not even hear you say it's time to close their screens.

Children who are hyperfocused often struggle with transitions as well, and you may see these situations:

You say it's time to turn it off, but your child doesn't look up or react in any way.

Your child hears you and responds but goes back to playing as soon as you leave.

After multiple warnings, you firmly say to shut it down, and your child gets very angry and emotional.

Leaving our screens can be difficult for both children and adults. Make sure to communicate your expectations about screen time clearly. If your child has difficulty with transitions, make sure to give them plenty of notice and directions about the transitions required, your expectations and what comes next. Having clearly stated expectations that children hear frequently will help them follow your rules.

Shelley Greggs is former faculty at Florida SouthWestern State College, where she taught psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com or at www.schoolconsultationservices.com.







Monitors observed this snowy plover female incubating her nest

photos provided

Shorebird Team Monitoring Four Plover Nests

anibel-Captiva Conservation Foundation (SCCF) staff and volunteers have been busy monitoring the beaches for nesting shorebirds.

Currently, there are four active snowy plover (*Charadrius nivosus*) nests – and more are expected. Recently, several more snowy plovers arrived, possibly seeking new nesting locations after failing on other nesting beaches in the region. On May 17, monitors observed a snowy plover female incubating her nest.

At this time, there are no least terns (Sternula antillarum) nesting on the island, but they have been seen at several locations foraging and exhibiting courtship behaviors. There is one Wilson's plover (Charadrius wilsonia) nest.

One snowy plover laid its nest in beach artwork, with the egg in the center of the shell design. Beach visitors sitting near the nest were unaware but moved away immediately after SCCF shorebird monitors pointed it out. Shortly after it was roped off, the eggs were depredated by crows.

If you see a shorebird nest that has not yet been roped off, contact the SCCF shorebird staff at shorebirds@sccf.org.

In addition to monitoring



One snowy plover laid its nest in beach artwork, with the egg in the center of the shell design

beach-nesting birds, staff continues to conduct monthly shorebird surveys for all resident and migratory birds. Arctic nesting species such as the black-bellied plover (*Pluvialis squatarola*), as well as ruddy turnstones (*Arenaria interpres*) and sanderlings (*Calidris alba*) are noticeably molting into their breeding plumages and getting ready for their long trips north.

Never chase birds and always try to walk around groups of resting and feeding birds. It is especially important this time of year not to disturb these birds as they need every bit of their energy to make that long trip.



Black-bellied plover

SOCIAL DISTANCING at Gramma Dot's



Out of respect for all those within my employ and for our loyal patrons who dine with us year after year. Gramma Dots shall practice "social distancing" in the air-conditioned inside (at 75% occupancy). Also social distancing for outdoor dockside dining. All tables under large nautical umbrellas.

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Students Take To The Outdoor Classroom

anibel School students in Mrs. Camputaro's third grade class took a field trip recently with Sanibel-Captiva Conservation Foundation (SCCF) Environmental Educator Richard Finkel. Their mission was to identify and learn about ferns in SCCF's Pick Preserve. Students learned what makes these primitive plants different from other plants while making observations and sketching the ferns they found along the Pick Preserve Nature Trail.

SCCF's Pick Preserve, featuring a nature trail and boardwalk, is located across the street from The Sanibel School, making it an ideal setting for outdoor education and an opportunity to incorporate environmental science into curriculum goals.☆

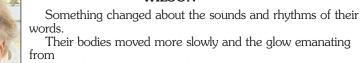


Students study ferns at the Pick Preserve photo provided

Poetry Corner

by Clay C. Ewell

WILSON



Their skin was somber and absent joy.

My head would hang from my shoulders as if it were too heavy to lift

And my eyes, it is said, lost their depth and sparkling light. And then they were gone, or so it seemed.

Then there were others around me, familiar and kind, but not belonging to me. And my heart beat more slowly and sleep ceased to be a refuge and the dawn brought with it no promise.

I began to fall slowly, as if floating, feather-like in still air

And I waited for the descent to take me back to that place where they would be. But the whispering wind and the moon in the dark sky were still and silent.

And they did not return and in my aloneness, I touched the edges of despair. And then came a new presence and with it, the sound of a voice And many, many gentle caresses and the words like songs, that danced about me Guiding me inward to peace and closeness and renewal. I felt the sun bring with it a new day and a place for my aching heart

To become whole and my eyes to again twinkle with joy.

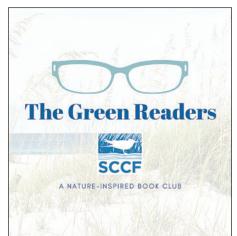
Thank you for opening your heart and your life to me And making me your own and taking me To the sandy place with green water And celebrate as I fly in the air With the angels that have blessed me with you.

Clay C. Ewell resides on Captiva with his wife and four-legged family. Selfemployed as a consultant in the construction industry for 35 years, he flirts with retirement while enjoying time with Rita and pursuing his interests in reading, writing and cycling. Your comments and contributions to this feature are welcome at press@islandsunnews.com.☆







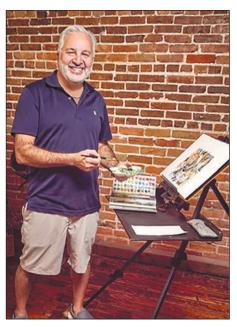


Book Discussions To Resume In Fall

image provided

ince October 2020, The Green Readers book club read a book from each of the departments at Sanibel-Captiva Conservation Foundation (SCCF). The group is taking a short summer break and is planning to resume in the fall.

Suggestions for next season's reads are welcome. The topics or themes should be in the spirit of SCCF's mission, but are not required to have a direct connection. Send comments, suggestions and ideas to Jenny Evans at jevans@sccf.org.\\\\



Shah Hadjebi

photos provided

Community House To Open New Exhibit

The Community House will be exhibiting original works by Allison Davis and Shah Hadjebi during the month of June. Viewing hours are 9 a.m. to 3 p.m. Monday through Friday. A virtual showing is also available 24 hours a day at www. sanibelcommunityhouse.net.



Crab Trap by Allison Davis

Davis is a recent transplant to Sanibel. Her background in art reaches back to her early days growing up in southwest Michigan. Her love of drawing, painting and photography was nurtured by her high school art instructor, who encouraged her to continue her art studies in college. She earned a bachelor's degree in education at Indiana University with a minor in fine arts. After graduating, she began teaching in Mishawaka, Indiana.

Davis continued her art instruction through Kendall School of Design in Grand Rapids, Michigan. Working primarily in acrylics, she also uses mixed media in many of her pieces. Her work has been shown at Festival of the Arts and Art Prize in Grand Rapids. She has also done several commissioned murals.

After ending her teaching career, she "reconnected" with her love of art after moving to Sanibel with her husband,

Scott, in April 2020. Together with their two dogs, Jack and Chloe, they live near the beach and enjoy all the natural beauty and laid back lifestyle that Sanibel offers.

Hadjebi is a full-time watercolor artist residing on Sanibel. He graduated from Syracuse University in the late 1980s and comes from a family of artists. He has been painting for the past 20 years and his subjects range from animals to still life and realism. Painting realistic, classic automobiles is one of his special interests.

Living in Southwest Florida has supplied Hadjebi with an endless variety of subjects; wading birds on the beach and at wildlife sanctuaries, local architecture, and classic automobiles displayed at local car shows. Hadjebi's main goal is to bring some presence and mindfulness into this hectic world and to live a life where inner and outer purposes are aligned.

The Community House is located at 2173 Periwinkle Way on Sanibel.

Local Named To Dean's List

Malia Shae Pak of Sanibel was named to the Missouri Valley College Spring 2021 Dean's List. The requirements for the dean's list are a 3.3 or higher grade point average; at least 12 graded hours for the semester and no D, F or Incomplete grades for the semester **



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Sign Up For Summer Reading At The Library

anibel Public Library invites families to register their children for the Summer Reading Program. This year's theme is Tails and Tales, with a focus on animals. All children, from babies to teens, can be registered for the program, which begins on Saturday, May 29. Participants will receive a gift (quantities are limited).

This library will be closed on Monday, May 31 in observance of Memorial Day, reopening Tuesday, June 1. Curbside pickup service is not available on Memorial Day.

"There is a great selection of books for the readers to earn. We will do some weekly drawings for those who come in, much like we have during a normal kickoff but spread out over weeks," said Youth Service Librarian Deanna Evans.
Programming will be available online and
Take and Make activities will be available to pick up at the library.

As in years past, children will read to earn books for their home library and for patients at Golisano Children's Hospital of Southwest Florida. The Sanibel Public Library Foundation matches each book "earned" with a book for patients at the children's hospital. Since its inception in 2012, participants have helped to contribute nearly 12,000 books to the hospital. The Summer Reading Program is funded in part by a grant from the



Deanna Evans reads to Oliver and Alexandra Lair

photo provided

Sanibel Public Library Foundation's Joan Hunt Cory Children's Fund. The fund was established in 2008 to honor longtime library volunteer and supporter Joan Hunt Cory, who was also a 20-year Sanibel resident.

Instead of paper logs for tracking reading and activities, the library offers Beanstack. Sign up from a smart phone or computer, or call the library for help. Starting May 29, participants may pick up their registration gift and any books earned. Beanstack is a free, user-friendly app for PCs, Apple and Android devices. Adult readers can also use Beanstack. Go to https://sanlib.beanstack.org/ reader365).

Baby Bounce Time videos will be available on the library's children's page at www.sanlib.org. Baby Bounce is a program that is aimed at parents with babies from newborn to 2 years of age. It is a fun session to help build motor and literacy skills through stories, song and movement.

An online storytime video will be on the library's children's page, replaced each week by a new story read aloud. The library will be hosting online

programming from Page Turner Adventures starting Monday, June 21, with weekday programming continuing for four weeks. The programming will include comedy story theater shows,

Library cardholders can stream or download eBooks, movies, music, newspapers and magazines through eShelf. Computers, printers, scanners and fax machines are available and are sanitized between each customer use.

crafts, recipes, author interviews, guest performers, contests and games.

The library is open on Saturdays from 9 a.m. to 1 p.m. in June, July and

The library is open for browsing, and contactless curbside service is offered. Materials can be placed on hold and picked up outside the building on weekdays from noon to 3 p.m.

Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor library cards are available for a \$10 annual fee. For more information, call 472-2483 or visit www.sanlib.org.\$

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Board Members Emeritus, Ginny Fleming and Steve Brown have been serving with The Trust Company team since the firm's beginning. We're grateful for their continued counsel as members of our Advisory Board.



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They All Scream For Ice Cream On Captiva



by Kathy Kurtz Ferrari

aptiva is a little sweeter, with the opening in April of Boops by The Bubble Room, a new ice cream parlor, bakery and café.

The new

addition brings more fun to the iconic restaurant that is a must-see for anyone visiting the island.

"Basically (opening Boops) was a way to help the restaurant with its never-ending line of to-go desserts," said Stephen Peach, manager of Boops as well as the restaurant's Emporium gift shop. His wife Rachel Peach is the restaurant's general manager.

The Bubble Room is known for its decadent desserts, and I have firsthand knowledge of waiting in that notorious line for treats like a slice of the restaurant's signature Orange Crunch Cake.

A couple of years ago, when the antique shop across the street from The Bubble Room closed, the restaurant seized the opportunity to expand



Stephen and Rachel Peach welcome customers inside Boops by The Bubble Room, where soda jerks wait to serve up sweet treats photo by Kathy Kurtz Ferrari

and moved its adjacent gift shop to that space. The Emporium's previous location was transformed into an old-fashioned ice cream parlor.

Boops by The Bubble Room opens in the morning as a full service café offering Illy coffee.

By late morning, customers are already lining up for Love Boat ice cream made in Fort Myers, as well as soft serve ice cream from a Wisconsin dairy farm.

"It was kind of nerve wracking doing ice cream and milk shakes, just because

we're known for desserts," said Rachel, explaining their search for top quality products. "So we wanted to make sure we got the best of everything."

And of course, customers can also get those famous Bubble Room desserts.

Boops opened Easter week, in the midst of one of the busiest times on the island. And the bubble-buzz was audible.

"It was insane," said Stephen during a lull in the action. "We were all kind of thrown to the wolves right off the bat. We got behind the counter and said, 'OK, here we go!' Non-stop." While The Bubble Room is still

While The Bubble Room is still offering dine-in dessert, the new shop has taken care of the take-out line. But customers in the evening should expect to cue up at Boops, as many diners from other restaurants make a dessert pilgrimage here.

"Opening day, we thought we had enough ice cream to make it throughout the week, and we ran out by 4 o'clock in the afternoon," said Rachel.

"I was meeting the owner of Love Boat every evening. We had ice cream deals going down in the parking lot at Jerry's," added Stephen.

Part of Boops' allure is its periodspecific décor, in keeping with the mother ship. With the motto "It's always Christmas at The Bubble Room," the restaurant is a walk through time. Past owners were ardent collectors of antiques and memorabilia from the 1920s, '30s and '40s, like movie set props and holiday decorations. The current owner, who chooses to remain anonymous, has added to the collection as well.

"We have a storage unit that is massive, so we have almost two of everything that you see in the restaurant. So if something would ever happen, we do have backups to switch out," Rachel explained.

An early 1900s stained-glass and marble soda fountain bar was acquired that is the hallmark of Boops. The

continued on page 32





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Walk-In Availability At Vaccine Ćlinic

ee Health is permanently continuing walk-in vaccine availability for the community. Anyone can get a vaccine at no cost to them by visiting the COVID-19 vaccination clinic at Gulf Coast Medical Center. The clinic is open Tuesday through Friday from 7 a.m. to 3:30 p.m. Appointments can also be made by visiting www.leehealth.org.

To further increase availability to the community, Lee Health's vaccine clinic will also be open on Saturday, May 29

from 9 a.m. to 1 p.m.

"At Lee Health, we are committed to making sure anyone who wants a COVID-19 vaccine can get one, and that's why we continue to expand availability and increase access of the

vaccine through our community clinic," said Dr. Larry Antonucci, president and chief executive officer of Lee Health. "We urge everyone who is able to get their COVID-19 vaccine to do so as soon as possible."

Lee Health is now offering the opportunity for all patients ages 18 and older to choose which COVID-19 vaccine they receive, based on current availability. Lee Health currently has Pfizer, Moderna and Johnson & Johnson vaccines immediately available for anyone wishing to get vaccinated. Ages 12 to 17 are still only able to receive the Pfizer vaccine and must have a parent with them when they receive their vaccination.

To receive the vaccine, go to the main entrance of Gulf Coast Medical Center and check in at the front desk. Bring personal identification and your insurance card if you have one. There is no cost for the vaccine. Masks required to enter any Lee Health facility.



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April Airport Traffic Count

uring April, 1,107,004 passengers traveled through Southwest Florida International Airport in Fort Myers. This was an increase of nearly 2,000 percent compared to April 2020. It is noteworthy that the April 2021 passenger count was only 0.4 percent less than the record-breaking total of 1,111,558 for April 2019. Year-todate, passenger traffic is up 12 percent compared to last year.

The traffic leader in April was Southwest Airlines with 252,004 total passengers. Rounding out the top five airlines were Delta (170,511), United (133,508), American (132,980) and

JetBlue (131,242).

Southwest Florida International Airport had 10,612 aircraft operations, an increase of 206 percent compared to April 2020. Page Field saw 11,915 operations, a 111 percent increase compared to April 2020.

Southwest Florida International Airport served nearly six million passengers in 2020 and is one of the top 50 U.S. airports for passenger traffic. No ad valorem (property) taxes are used for airport operation or

construction.

For more information, visit www. flylcpa.com or www.facebook.com/

Helpful Tips For College Students Making A Transfer

s the spring semester winds down, many college students may be thinking about transferring to another school. The Kentucky Higher Education Assistance Authority (KHEAA) offers these tips for students who plan to transfer this year.

Talk with the financial aid office at your current school to make sure you don't owe anything or to find out if you get a refund. Also talk with the financial aid office at your new school to make sure you've done everything you need to get financial aid when you transfer.

Contact the registrar's office at your new school to find out which credits and grades you earned at your current school will transfer.

If you have more questions about transferring, each college should have a contact person who can answer them.

For more information, visit www. kheaa.com.\$

From page 31

Ice Cream

piece was in the storage unit for about seven years. Other bygone era items include a fascinating belt-driven ceiling fan from the late 1800s, as well as halogen cut glass and brass pendant lights from the early 1900s. To complete the look, soda jerks scooping ice cream wear old fashioned soda fountain caps, a real trip to another time.

Ice cream is even stored in an 80-year-old freezer called a Bastian-Blessing. While it's a working antique, it isn't very big, so the managers were forced to travel back to the future to bring in a modern freezer to hold more volume.

With the new addition, The Bubble Room now has over 80 employees,

called Bubble Scouts, making it one of Captiva's largest employers. As the next season rolls around, they will no doubt be looking to hire more.

"It's been great to watch everybody come in," said Stephen, adding many tourists are surprised the shop recently opened. "I've had a lot of people come in and say they feel like the place has been there forever. So I feel like that is a compliment. We're happy with how it turned out, for sure.

Boops by The Bubble Room, located next to the restaurant at 15001 Captiva Drive in Captiva Village, is open from 8:30 a.m. to 9 p.m.

You might just catch me there! Kathy Kurtz Ferrari is a journalist who splits her time between Captiva and the Boston area. If you have any questions or comments, email Kathy.islandsunnews@gmail.com.☆



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BIG ARTS To Exhibit Works By College Alumni

IG ARTS will host seven upand-coming artists who are alumni of Florida SouthWestern State College. The exhibit, titled Fast Forward, is a multi-media display in which the artists imagine the future from the vantage point of this historically turbulent and uncertain time. It features work by alumni Martha De la Cruz, Dalton Howard, Alejandro Gómez Hernandez, Claire Malécot, Leila Mesdaghi, Kirsten Pettifor and BA Wikoff, and showcases a wide variety of styles and mediums.

The exhibit opens in the Dunham Family Gallery on Friday, June 4 and runs through July 31. You can also experience the show from home by visiting www.bigarts.org, where you can take a virtual stroll through a high-definition 3D rendering of the gallery. The virtual tour will launch on Wednesday, June 9.

The exhibit was curated by Dana

Roes, professor of art and the chair of humanities and fine arts at Florida SouthWestern State College. Roes said, "Fast Forward, when conceived, was incredibly timely as the world wrestled with the uncertainty of what our future might look like. I selected artists who I have had the pleasure of working with and following throughout their careers. Each one of them is brilliant, innovative and profoundly in touch with things that matter in the world today. The work on display ranges from pieces as personal as sewing together one's cultural and familiar heritage to work that explores the wider world and interrogates colonialism and income inequality. These artists explore the past and present (both personal and political) to offer a path to the future.'

De la Cruz is a Dominican-American artist who, through video, installations and sculpture, investigates issues of race, decolonization, identity and hierarchical power.

Howard is a multidisciplinary artist based in Florida whose work pulls from interests of mortality, fragility, consumer culture and the current situations of our world. Through assemblage, humor and everyday materials, he challenges others' notions of how they look at the purposes and potential of everyday objects.

Hernandez is a multidisciplinary artist from Matanzas, Cuba, who focuses on cultural identity, family and immigration. Through his paintings, sculptures, and installations, he aims to spotlight particular and unique aspects of his nationality.

Malécot is a multidisciplinary artist based in Philadelphia, Pennsylvania. Through her work, she attempts to process the uncertainty of communication, largely expressed by incorporating ephemeral materials in a



image provided

constant liminal state.

Mesdaghi is an interdisciplinary artist of Iranian/Columbian heritage based in Fort Myers. In addition to painting, Mesdaghi works between performance, video and installation to create multisensory experiences to explore her subject matters. She is interested in relationships, and her work challenges how people observe, relate and respond to the "others" and the world.

Pettifor is an interdisciplinary artist currently transitioning to film. Her practice revolves around human relationships, trauma and the ways in which people find comfort.

Wikoff is a Florida-based artist whose work is constructed through abstract, collaborative and interdisciplinary practices. Her process mostly involves using her audience as a means for collaboration, often collecting data from secondary media sources regarding the population as a whole and/or retrieving specific information from individuals

firsthand by engaging with them. "BIG ARTS has a long history of catering to a sophisticated community who love art and literature. They also have a gorgeous new gallery space set within the natural beauty of the island itself. It seems like the perfect venue for former locals to return home to share their materialized experiences," said

The exhibit can be viewed between 10 a.m. and 3 p.m. Tuesday through Friday and from 9 a.m. to 1 p.m. on Saturday. BIG ARTS is located at 900 Dunlop Road on Sanibel. For more information, call 395-0900 or visit www.bigarts.org.☆

Rotary Club Scholarships

he Sanibel-Captiva Rotary Club is accepting scholarship applications for the 2021-22 school year. Eligible applicants are students who will attend FGCU, who live or work regularly on the islands, or whose parents live or work on the islands. Applications must be postmarked by June 1, 2021 and can be obtained online at www.sanibelrotary.org.☆

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The Benefits Of Hidden Storage



by Linda Coin

et's be honest, no one likes a cluttered living space. Even if you don't notice that your home is more disorganized than put together, it probably just seems second nature by now. But, that

doesn't mean it's comfortable, and it doesn't mean it's inviting for your guests and other family members.

What if you have too many items and not enough space to store them? Even if your living arrangement is small, there's still a saving grace that can work in your favor... hidden storage. From different pieces of multifunctional furniture to vertical hanging storage units, there are plenty of interesting and discrete ways you store items and reduce clutter around the house.

Whether it's a pile of clothing, a mountain of toys or a stack of papers, clutter is nothing more than a distasteful distraction that can take away from the beauty of your living space. When you create hidden storage options, you can get rid of the clutter and make the room more peaceful and put together.

A bed with built-in storage. This can be useful in the master bedroom for your clothing if your closet isn't cutting it. In a children's room, this can also be utilized for clothing but also toys in place of adding an extra box chest to the space.

Consider credenzas, chests and cabinets in rooms that guests frequent when they visit your home, such as the kitchen, living room, family room and dining area. These storage options can be used to house books, seasonal accessories, games and other items that you don't want clashing with the aesthetic of the room.

All of the accessories you own don't have to be locked away and hidden completely. If you have collectibles or beautiful accessories that you want to put on display but have no space for, utilizing your walls for vertical storage is an excellent choice. A nice set of shelving not only gives you a space to put these prized possessions but also makes for a lovely set of wall decor. In this sense, you can consider the clutter "hidden" as it's been transformed into a wall accessory in disguise.

When you're readjusting your living space, keep in mind that any form of organizational storage is beneficial to the room in question. Whether you're setting up shelving, adding multifunctional furniture or putting a new storage system in the closet, every organizational trick in the book gives you the opportunity to fully maximize the living space.

And don't forget: Before reorganizing rooms in your home, go through the

clutter and decide if it still makes sense and has a purpose in your home. If you use it, find a place for it. If you haven't touched it in years, get rid of it. This is one of the most common reasons clutter forms in the first place.

Making moves to remove clutter from your home will contribute to a clear living space and headspace. If you're itching for an opportunity to reorganize your house but you've failed in the past, consider consulting a design professional to assist in your journey to decluttering. He or she will evaluate your current living situation, assess options for reorganization and suggest opportunities for hidden storage to consider. From there, you can get a better understanding of what solutions would work best in your home and which ones will most encourage you to maintain organization, so clutter is kept at bay.

Linda Coin is an interior designer on Sanibel/Captiva Islands and can be reached at linda@coindecden.com.

Board Approves Water Quality Research Project

The Lee Board of County Commissioners has approved an agreement with Florida Gulf Coast University (FGCU) for a water quality research project at the Boma site in Glades County to test methods for removal of nitrogen from the Caloosahatchee surface waters in order to improve water quality.

The project will be funded by a \$180,000 innovative technology grant from the Florida Department of Environmental Protection, which the board approved on April 6.

The research, in partnership with FGCU and the South Florida Water Management District (SFWMD), will take place at the C-43 Water Quality Treatment and Testing Project Boma site.

In 2007, the Lee Board of Commissioners voted to contribute \$10 million toward the purchase of 1,700 acres of agricultural land – then owned and operated by the Boma family – in Glades County for the purpose of constructing a water quality project to benefit the Caloosahatchee watershed.

The SFWMD built 12 tanks, called mesocosms, containing wetland vegetation that were used to conduct a water quality assessment of nutrient removal from Caloosahatchee water that was allowed to flow through the wetland cells. This project will utilize some of these mesocosms to test technology that could reduce nutrients in water bodies, and prevent or mitigate harmful algal blooms. Work is expected to begin in June.

The Caloosahatchee estuary has a total maximum daily load (TMDL) state designation for total nitrogen and an adopted State of Florida Basin Management Action Plan to lower this pollutant. Commissioners spend millions of dollars annually on projects to reduce pollutants in the estuary.

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Milestone In Assets For The Trust Company

he Sanibel Captiva Trust Company's assets under management has surpassed the \$3 billion mark, reported Al Hanser, founder and chairman. Founded in 2001 on Sanibel, the company began with a team of four people and \$5 million in capital to establish its standing as a trust company in the State of Florida.

Two years ago, the company's assets under management were at \$2.4 billion and today stand at \$3.2 billion with 50 employees and more than 400 client relationships. "This milestone is a testament to our investment strategy and culture," said Hanser, "demonstrating that purchasing strong proven companies and keeping a cool head during volatility, yields sensible growth and wealth preservation.'

CEO Terry Igo also attributes the success to upholding the company's motto of "Always do the right thing." "We founded the company on dedicating ourselves to learning what clients truly need in order to reach the financial and



Terry Igo and Al Hanser

photo provided

estate planning goals for them and their families, while assuring they can count on us for sound fiduciary advice and action on their behalf," he said.

Igo acknowledged the company's clientele and board of directors who have maintained their long-standing relationships and confidence in the trust



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Community House Events

he Sanibel Party Bridge Club meets on Tuesdays at 1 p.m. All are welcome. Bringing a partner is preferred. Cost is \$5 suggested donation.

Painting with Friends is held on Wednesdays from 1 to 4 p.m. Bring your own supplies to paint with fellow artists; no instruction. Cost is \$10 per session. Every Thursday at 1 p.m., Tommy

Williams leads Living Life Current, an open forum discussion. All are welcome to discuss what is going on locally, nationally and globally. Suggested donation is \$5.

Masks and social distancing required.
Chair Stretching/Yoga with Mahnaz
Bassiri is offered on Thursdays at 1 p.m.

Aerobics with Mahnaz Bassiri is offered on Monday, Wednesday and Friday from 10:30 to 11:30 a.m. Participants can bring their own weights, \$5 suggested

The Sanibel Hearts Club meets every Friday at 1 p.m. Play the card game Hearts. For beginners to experts, all are



The Community House photo by Logan Hart

welcome, \$5 suggested donation.

Shell Critter Kits are available for purchase or to ship. Choose four out of 13 critters to assemble. Cost is \$20 per kit, shipping is \$8 additional.

Camp to Go Art Kits are also available for purchase or to ship. There are eight different postcards to color and Zentangle. Marker and educational video link included. Cost is \$20 per kit; shipping is \$8 additional.

The Community House is located at 2173 Periwinkle Way. For more information, visit www. sanibelcommunityhouse.net or call 472-2155.☆

Cell Tower On San-Cap Road To Be Rebuilt

by Wendy McMullen

he cell tower at 3445 Sanibel-Captiva Road needs to be rebuilt to conform to current technological and safety standards, planning commissioners heard at Tuesday's meeting.

The current 151-foot guyed cell tower,

owned by Embarq Florida, Inc., is to be replaced by at 149-foot monopole without stabilizing guys.

"It's safer for the birds without

the guys," explained Adam Morris, representing Embarg. "It's also much stronger.'

Collocations for T-Mobile/Sprint will be placed on the structure on San-Cap Road. Sanibel has two other cell phone towers, one on Donax Street on the east end and another at Wulfert Road on the west end, which is used by Verizon.

Demolition of the existing tower and installation of the new monopole antenna support structure will be conducted outside of the bald eagle nesting season, which runs from October 1 to May 15, or until confirmation of juvenile eagles leaving the nest. However, if nesting activity has not begun by February 1, construction can begin with approval of natural resources

From page 8

Ice Cream Shop

up a franchise. They soon decided franchising was not for them and decided to reopen their popular store again on

Donna Puma made clear that although they have one other store off Summerlin Road in Fort Myers, Pinnochio's Original Italian Ice Cream is not a formula retail

'We have the registered trademark and we own the logo and the brand, but we have no intention of franchising the business and will remove all mention of it from our website. We decided a franchise was not a good choice for us," she said.

Carryout fast food restaurants and ice cream shops are a conditional use permitted in the general commercial district in which Periwinkle Place is located. Because carryout restaurants generally present a greater intensity of use than a permitted use, it must demonstrate that it will not pose an adverse impact on the existing physical and environmental characteristics of the site. This consideration includes additional traffic and parking.

It was determined that Periwinkle Place had sufficient parking to accommodate any increase in use that the ice cream shop may present, and that there would be no adverse impacts to neighboring properties.☼

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Andre Arensman 239.233.1414

\$3,299,000 MLS 221026391 Shane Spring 239.229.3242



2265 W. GULF DR. #230D, SANIBEL

- Surf & Sunsets, Fully Furnished
- Direct Beachfront, Awesome Rental Income \$1,335,000 MLS 221007716

Sally Davies 239.691.3319

SANIBEL BAYOUS



2098 WILD LIME DR., SANIBEL

- Bright & Airy, Near Beach, 3 BR, 2 BA
- Updated w/Impact Windows & Doors

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Sally Davies 239.691.3319

BEACHVIEW ESTATES



809 PYRULA AVE., SANIBEL

- Near Beach, Large Buildable Homesite
- Western Sunset Views Over Golf Course

MLS 221016938 John Nicholson, McMurray & Members 239.849.3250

CAPTIVA GULF FRONT



16280 CAPTIVA DR., CAPTIVA

- 6 BR, 6 BA, 4,402 S.F. Tropical Paradise
- Main & Guest Houses w/Many Entertaining Areas

\$8,900,000 MLS 221034324 McMurray & Members 239.850.7888

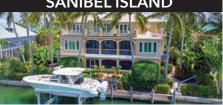
CAPTIVA BEACHFRONT



- 15138 WILES DR., CAPTIVA
- 102' of Premier Gulf FrontageComfort Meets Luxury 6 BR, 5.5 BA

\$6,495,000 MLS 220031374 McMurray & Members 239.850.7888

SANIBEL ISLAND



1237 ISABEL DR., SANIBEL

- Deep Water w/Direct Access, 70' Dock
 6 BR, 6.5 BA, Open Floor Plan

\$3,195,000 MLS 221029905

Chad Reedy, McMurray & Members 239.989.8838

SANDDOLLAR



1785 MIDDLE GULF DR. #B101, SANIBEL

- 2 BR, 2 BA, Sensational Gulf Views
- Serene Tropical Décor

MLS 221023097 \$1,125,000 Cindy Sitton 239.810.4772

SUNDIAL OF SANIBEL



1501 MIDDLE GULF DR. #G204, SANIBEL

- Gulf Views from Your Screened Lanai
- 2 Bedrooms, 2 Full Bathrooms \$749,000 MLS 220067748

Brian Murty 239.565.1272



641 PERIWINKLE WAY #B2, SANIBEL

- Ideal Sanibel Location
- 1 Bedroom, 1 Full Bath
- \$299,999 MLS 221033765

Brian Murty 239.565.1272



A student working on an assignment photo provided

Enhanced Summer School Program Offered

The School District of Lee County is offering an enhanced summer school program with several opportunities for learning, enrichment and engagement. Registration is available for classes between June 28 and July 22.

"We hope to have as many as 25,000 students take part in summer school this year," said Candace Allevato, director

of teaching and learning for high school curriculum. "We know some of our students may need additional support because of COVID-19's impact on education, and some of the programs we are offering are designed to fill those gaps. We encourage our families to talk with their child's school about what program is best for their child."

The largest opportunity available to all kindergarten through eighth grade students is the expanded virtual learning summer program. Students who enroll will keep their district-issued Chromebook through the summer to access the iReady program for lessons in math and reading. Families have already been sent a survey about their interest in this program and are encouraged to reply soon.

Elementary school students have the opportunity for individualized enrichment in math and reading, a STEM camp and ELL science camp. Middle school students can get individualized help, credit recovery and STEM camp. High school students have access to credit recovery, algebra and geometry camps, and the ability to earn half credit in several classes. Some classes meet in person, some are virtual and some are online with the opportunity to engage and interact with the teacher. For in person learning, face masks will be voluntary.

For more information about summer school options, visit www.leeschools.net/cms/One.aspx?portalId=676305&page Id=33849744.*



Rotary speciality license plate

image provided

Rotary License Plate Available

new Florida specialty license plate featuring the iconic Rotary symbol is now available to Rotarians and the general public with proceeds used to fund youth programs in all eight Florida Rotary districts.

Leaders of Camp Florida, a Rotaryfunded campground for children with disabilities, proposed the idea of creating a Rotary Florida tag and worked on it from start to finish. Florida Rotary district governor nominees in all eight Florida districts launched a website for pre-sales of the specialty plate at www. floridarotarytag.com. Three thousand plates need to be pre-sold before production begins.

The project took several years involving numerous Rotary leaders and was signed into law in mid-2020. The Rotary-inspired tag design was reviewed by Rotary International and the Florida Highway Safety and Motor Vehicles, both of which approved the tag for pre-production in late 2020.

New Air Service From Germany

The Lufthansa Group will inaugurate weekly nonstop flights between Southwest Florida International Airport (RSW) in Fort Myers and Frankfurt Airport (FRA) in Germany in March 2022. Flights will be operated by Eurowings Discover three times a week between RSW and FRA. The flights will be published by Lufthansa Group. Tickets can be booked online now at www.lufthansa.com.

For more information about Southwest Florida International Airport, visit www.flylcpa.com or www.facebook.com/flyrsw.*

Top 10 Books On The Island

- 1. The Newcomer by Mary Kay Andrews
- 2. Float Plan by Trish Doller
- 3. That Summer by Jennifer Weiner
- 4. A Perilous Proposal by Jennifer Schiff
- 5. The Most Beautiful Girl in Cuba by Chanel Cleeton
 - 6. Think Again by Adam Grant
- 7. The Hill We Climb by Amanda Gorman
- 8. The Silent Patient by Alex Michaelides
- 9. Squeeze Me by Carl Hiaasen 10.Hamnet by Maggie O'Farrell Courtesy MacIntosh Books and Paper.

Captiva Community Panel Report

The Captiva Erosion Prevention
District will meet on Monday, June
7 at 1 p.m. at 'Tween Waters Inn.
The meeting is also available via Zoom
beginning at 1 p.m. To view the agenda,
visit www.mycepd.com.

The Captiva Community Panel will meet on Tuesday, June 8 at 9 a.m. via Zoom. To view the agenda, visit www. captivacommunitypanel.com.

Among the agenda items: Update on Captiva Code and ordinances;

Update on wastewater design study; Update on Sea Level Rise Committee;

Reports from island organizations and entities.

Sanibel-Captiva Conservation
Foundation (SCCF) volunteers have
found the first two sea turtle nests on
Captiva, meaning the annual nesting
season has arrived. To find out how you
can help protect the turtles and their
nests, visit www.SanCapLifeSavers.org.

Captiva Memorial Library hours are now Tuesday, Wednesday and Thursday from 10 a.m. to 6 p.m., Friday and Saturday from 9 a.m. to 5 p.m., closed Sunday and Monday. All libraries will be closed for the Memorial Day holiday on Monday, May 31. Online service will be available.





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BURNS family TEAM







1. CAPTIVA VILLAGE HOME WITH STUNNING GULF VIEWS

- 3BR/4BA fully remodeled home designed to take advantage of Gulf views from every level
- Wood floors, stainless steel kitchen, stone fireplace, multiple lanais, large master suite, grotto inspired pool with hot tub, wet
- \$3,395,000 EURO 3,021,269

2. HAPPY DAZE

- 4 BR + den/ 4 BA home situated among tropical vegetation just steps to the Captiva Village
- Wood floors, open kitchen, soaring ceilings, fireplace, large lanai overlooking the private pool & spa
- \$1,699,000 EURO 1,398,507

3. ON A WHIM - CAPTIVA

- 2 BR/2 BA cottage located steps to the Bay in the Captiva Village
- · Newly painted, wood plank tile floors, multiple lanai's, and
- \$1,195,000 EURO 1,059,848

4. LAKE & GOLF COURSE VIEWS IN BEACHVIEW - SANIBEL

- 5 BR/3.5 BA completely renovated with gourmet kitchen, soaring 2 story ceilings and incredible views
- · Private office, library, formal dining room, private pool, 2 car garage, and more
- \$2,695,000 EURO 2,204,949

5. CANAL LOT ON SANIBEL

- · Build your island dream home on this wonderful canal lot on Sanibel's East End
- This location offers both the ability to get a boat to the Gulf of Mexico while also being walking distance to Sanibel's famous beaches
- \$699,000 EURO 591,365

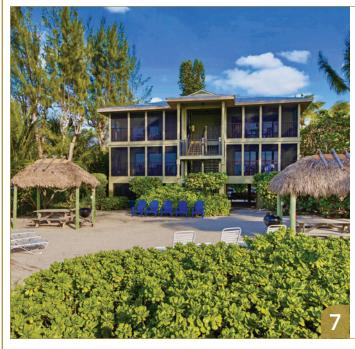
6. 5 HOUSES FROM THE BEACH ON SANIBEL

- 3 BR/2 BA ground level beach house just 5 houses from the private beach access
- Roof, AC, and garage door recently updated. Great rental potential or perfect island getaway
- \$815,000 EURO 674,873













7. JENSEN'S ON THE GULF

- · Captiva's Only Gulf Front **Boutique Resort**
- · Amazing Potential for a Private Estate or Family Compound
- 7 Quaint Units 9 Bedrooms 7 Bathrooms **Exquisite Views**
- \$6,700,000

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Will Power

Are Charitable Trusts The Answer For Inherited IRA Accounts?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Beware of financial advisors and estate planning attorneys who suggest using a Charitable Remainder Trust (CRT) as the answer to the SECURE Act's mandatory 10-year distribution rule for Inherited IRA accounts. The solution may not match your goals, since CRTs come with their own set of unique legal and tax issues.

You may have heard that the SECURE Act, enacted at the end of 2019, requires most beneficiaries to withdraw the entire balance from an Inherited IRA account within 10 years of the decedent-owner's death. The prior law allowed for distributions

over a beneficiary's lifetime using a Single Life Table. Under the old law, a 30-year-old beneficiary may have 50-plus years to withdraw the balance of an Inherited IRA, as opposed to 10 years today.

The SECURÉ Act rules result in beneficiaries losing years of tax deferred growth. They will also be forced to pay higher income taxes since greater amounts must typically be withdrawn to satisfy this 10-year rule.

Is there an answer to the SECURE Act?

Several advisors recommend naming a CRT as a beneficiary in order to lengthen the withdrawal period to the beneficiary's lifetime. In this transaction, the IRA is paid to the CRT upon the account owner's death. The CRT then pays an income stream to one or more beneficiaries either over the course of their lifetimes or a period of years (described below), before distributing the balance to a qualifying charity.

A CRT itself qualifies as a charity, so upon the IRA account owner's death, the distribution to the CRT is not a taxable event. In order for the CRT to so qualify, it must pay at least five percent of its value annually to a beneficiary, and the actuarially determined remainder value to the charity must be at least 10 percent. Because of this 10 percent requirement, young beneficiaries usually disqualify the CRT, unless the CRT is limited to a period of years (not to exceed 20). So there goes your lifetime payout.

Using today's interest rates, beneficiaries younger than 40 may disqualify a CRT and ruin the entire plan to begin with. Not only would there not be a lifetime payout, but since the CRT wouldn't qualify as a charity, the distribution from the IRA to the CRT creates an ordinary income taxable event, resulting in high federal income tax rates upon

How's The Market? Ask Ann

CRAZY! Approximately 240 Realtors on Sanibel working with a total of around 50 homes and condos for sale in one MLS system. Real world... If a listing is priced within 10% (higher) than recently sold comparable properties, in my opinion, it has a 90% chance of a sale within 30 days. This sets up a market condition for a Seller to save thousands of dollars in commission expense. I'd like the



Ann Gee Broker/Owner

opportunity to discuss this discount with you. Most sales are co-op sales, where the listing agent shares their fee with the co-oping agency. Bottom line: depending on how much we pass through to the Selling agency, I will list your property for as low as 4.5%. I am willing to work for a short time period. I work hard to maintain a good reputation in my peer group and am consistently in the top 10% in sales on the Island. I am a full-service Realtor with a great "walk-in" office on West Gulf Drive. I want your business. Call me for a confidential interview. Have a wonderful Memorial Day and remember all who served.

21 Closed Sales Going Back One Week: 14 Homes, 5 Condos & 2 Lots

539 Sea Oats Dr. Vacant Land - **\$385,000** 1501 Middle Gulf Dr. 107H Sundial West - **\$450,000** 1942 Roseate Ln. - **\$500,000**

760 Sextant Dr. 733 Mariner Pointe - **\$531,000** 3111 West Gulf Dr. 302 Kimball Lodge - **\$552,750**

2015 Wild Lime Dr. - \$560,000

827 East Gulf Dr. J-5 Sanibel Arms West - \$600,000

1695 Serenity Ln. - \$619,630

5117 Sea Bell Rd. G104 Blind Pass - \$687,500

1560 Royal Poinciana Dr. - **\$825,000**

5301-25 Sanibel-Captiva Rd. Vacant Land - \$962,500

5424 Shearwater Dr. G **- \$999,000**

2563 Coconut Dr. - \$1,049,000 694 Heather Ln. - \$1,253,400

1391 Jamaica Dr. - **\$1.299.000**

5423 Shearwater Dr. - **\$1,315,000**

994 Whelk Dr. - \$1,325,000

4664 Rue Belle Mer - \$1,620,000

775 Conch Ct. - \$1,750,000

813 Angel Wing Dr. - \$2,639,000 4601 Rue Belle Mer - \$2,900,000

Call or email me with any questions. Stay safe & have a successful year!

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the death of the account owner.

There are different types of CRTs, including Charitable Remainder Annuity Trusts (CRAT), Charitable Remainder Unitrusts (CRUT), Charitable Remainder Net-Income Unitrust (NICRUT), Charitable Remainder Net-Income With Make-up Unitrust (NIMCRUT) and Charitable Remainder Flip Unitrust (FLIPCRUT). Each has its own unique issues, which is beyond the scope of this article.

Assuming the CRT satisfies the 10 percent remainder rule, what other issues might we run into? First, if the CRUT has a high payout rate, the beneficiary will likely experience decreasing distributions annually. If the trustee can only earn the Section 7520 interest rate (that rate used by the IRS to make its calculations as to whether the CRT qualifies as a charity), a CRUT that begins with a \$100,000 payout may fall to an amount as low as \$12,000 before the trust terminates.

Second, if the CRT has hard-to-value assets such as closely held business interests or real estate, an appraisal must be conducted annually to determine the value. If an IRS audit results in an adjustment to the values determined, penalties and interest may apply. Further, partial payouts of these hard-to-value assets may be necessary depending upon the type of CRT used.

Third, if the CRT has multiple lifetime beneficiaries, and one beneficiary dies resulting in a grandchild beneficiary, generation skipping transfer taxes could become due. A CRT cannot pay estate or generation-skipping transfer taxes it triggers. Instead, those must be paid from other assets that might affect different beneficiaries.

Fourth, if S Corporation stock is owned by the CRT, then the S election will likely be defeated, resulting in corporate income taxes owed.

Fifth, CRTs must pay out a percentage, and only a percentage to the beneficiary. If the beneficiary experiences extraordinary medical expenses, for example, the trustee cannot invade the principal of the CRT for those needs.

There are other issues that I could mention, depending upon the client's goals and the type of CRT employed.

While the CRT strategy may work for some, client and attorney should pay attention to the details of that client's situation before embarking on this strategy.

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Chemical Waste Collection Event

ity of Sanibel residents will be able to safely dispose of household chemical waste (HCW) such as leftover paints, cleaners, herbicides, pesticides, automotive fluids and pool chemicals on Wednesday, June 2.

The collection event, hosted in partnership with Lee County Solid Waste, will be held from 9 a.m. to 1 p.m. in the parking lot in front of the Sanibel Public Library, located at 770 Dunlop Road. Drop off is a drive-through process available to all residents at no charge.

The HCW collection is part of the interlocal agreement between the City of Sanibel and Lee County to provide

residents convenient and responsible disposal of chemicals that might otherwise be harmful to people and the environment.

The event is for collection of residential chemical waste. Businesses that need chemical waste disposal may call 533-8000 to schedule an appointment for the monthly business collection held at the county's permanent HCW drop-off location, which is off Metro Parkway in south Fort Myers at 6441 Topaz Court.

The following items are not chemical waste: empty paint cans and dried paint; empty automotive fluid containers, etc.; small engine equipment such as pressure washers, lawnmowers, weed eaters, etc.; small electronic parts such as routers, mice, keyboards, etc.; small appliances; and tires. These items can all be set out with your regular household garbage.

Insurance Solutions For Sanibel & Captiva



Fund Created To Sustain Future Leadership

arlier this month, FISH of SanCap announced the Maggi Feiner Presidential Endowment Fund to assure sustainable leadership for the organization. The endowment fund is designed to ensure financial and leadership infrastructure is in place in the event Feiner steps down from her role as president and CEO.

Over 17 years ago, Feiner began with the organization as a volunteer, delivering meals to housebound Sanibel and Captiva residents. Since then, she has been a constant within the "neighbors helping neighbors" agency. Feiner has grown the organization into a full-service wrap-around social service agency that today operates with over 175 volunteers, nine professional staff members, many programs and services, and a \$1.8 million budget.

To this day, Feiner remains a FISH volunteer. Everything she has contributed to the organization has been accomplished without accepting a salary.

Started by a group of islanders wanting to find ways to help each other, FISH has become the social safety net for residents, workers and visitors of the islands. Under Feiner's leadership, a stream of projects unfolded, including the food bank, full-time staff, the purchase of the current building and a broad range of



Maggi Feiner

Your Island Bankers: (L-R) Robbie Roepstorff, President, Willy Ocasio, V.P. Sanibel-Captiva

Office Manager, David Lowden, V.P. Private Client Relations, Geoff Roepstorff, CEO.

programs. Feiner has made it her life's work to ensure that every person that lives or works on Sanibel and Captiva can breathe easier knowing that in times of crisis – whether personal, weather related or a pandemic - FISH is here to help.

'While I'm not going anywhere soon, it's important to the organization and community that we plan for my successor," said Feiner. "Succession planning is a key systematic process of all organizations and, in the case of FISH, vital to its financial sustainability, particularly because the role of president photo provided

ATMs on Sanibel & Captiva

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and CEO has been an unpaid position for the last 17 years. My passion for FISH is inspired by the generous community, who I hope will answer this call to action by supporting the endowment fund.

The exponential growth of FISH is due to Feiner's willingness to listen to and learn about her neighbors. She recognized the gap in social services available to not only those that live on Sanibel or Captiva but those that make the engine run – the workforce. By engaging islanders to get involved in any way they can, Feiner deepened the community culture of the islands and took it to the next level. "FISH plays a central role in our community by offering social services on the islands," said Feiner. "Although no day is ever the same, our 'neighbors helping neighbors' message is consistent. Thanks to the support of our islands, FISH answers 100 percent of the service requests received."

Feiner has the enthusiasm and commitment that any nonprofit leader should have and then some, and it has not gone unnoticed by her community. She has received the following awards: 2015 Sanibel-Captiva Rotary Club Community Vocational Excellence Award and Paul Harris Award; 2013 Best Humanitarian Award; 2013 Edison Festival of Light Honorary Grand Marshal; 2010 COTI Citizen of the Year; and 2009 Sue Rosica Gray Award from Sanibel & Captiva Islands Chamber of Commerce. She strongly believes in community partnerships to help those in need and to build a strong community for years to come.

To support the endowment fund designed to sustain leadership at the level personified by Feiner, contact John Morse, FISH of Sanibel-Captiva Foundation chair at info@fishofsancap. org. Donations can be made to FISH of Sanibel-Captiva Foundation, Inc.

To learn more about volunteer opportunities, especially needed during the summer months, contact Maria Espinoza or Jennifer Paganoat at info@



Frankly Speaking



by Howard Prager

few things on my mind today around baseball and a golf legend.

Item: Last Friday in a 16-1 Padres blowout over the the Mariners, the 20,000th player in MLB history

appeared. Mariners backup catcher José Godoy entered in the sixth inning as a defensive replacement. The 26-year-old Venezuelan went 0 for 1 with a walk.

Item: Major League Umpire Joe West breaks Bill Klem's regular-season record of 5,376 games. West began setting the new mark Tuesday umpiring the White Sox-Cardinals game. Ironman indeed.

Item: The next no-hitter will tie the record for a season, and it's only May. Have you noticed what's happening? I talked to my baseball analysts, Ralph Moses and Jeff Wilder. Moses said, "One reason is that there is so much swing and miss in today's game. Another reason is all the defensive shifting that goes on. Personally, if someone shifted against me, I would love to go to the open part of the field. A player like Ichiro or Rod Carew would have bunted their way to a .400 batting average. Something else I've noticed is that umpires are calling more high pitches for strikes than ever before." A proposal I've seen to help with that - besides a robotic strike zone - is having "permanent" home plate umpires. Instead of shifting bases every day, the

best rated umpires will only make the calls behind the plates, and the others in their crew will rotate between first, second and third base in each series.

Wilder feels it's still early. "I expect they will slow down significantly as the weather continues to warm up and hitters get into their grooves. Having said that, it's harder now to get a hit in the major leagues than ever before. I believe the league average is currently .236, which is even a point lower than the year of the pitcher in 1968 at .237. You might remember that MLB lowered the mound 10 inches after that year. Here's what I think is going on. All pitchers have more velocity now. Couple that with advanced analytics and defensive shifts, and it's very hard to get a hit. I also think hitters are encouraged not to change their approach and their swing. Don't shorten up and try to hit the hole created by a defensive shift. Instead, maintain the same approach, swing, launch angle (even with two strikes). I don't believe management wants a weak single. They want extra base hits and no manipulation of swing, so as to avoid creating any bad habits. I personally think that's very wrong, and I also believe it's hush hush within major league baseball; they don't talk about it outside their circles. Additionally, the ball has changed. MLB worked with Rawlings for several years to try and manipulate the ball so fewer home runs would be hit. As I understand it, average flyball distance this year is down nine or 10 feet. That's the difference between a homer and a warning track flyout. It also may be the difference between a hard ground ball finding a hole, and a fielder making a play to preserve the no hitter.

Item: Yermin Mercedes of the White

Sox "missed" a take sign on a 3-0 pitch and homered in a blowout against the Twins. Sox manager Tony LaRussa was not pleased because baseball has unwritten rules. Wilder's take. "I still think there are unwritten rules. However, it does not apply to the Mercedes situation. What's so interesting about that situation is that if a regular pitcher was in the game, all unwritten rules and etiquette apply, and you don't swing at 3-0. However, once you put a position player in to pitch, you're turning the game into a circus. There are no rules in a circus, and hitters are allowed to do whatever they want. The unwritten rule is that no rules apply. Besides, the greatest equalizer in baseball has always been the beanball. There are consequences for breaking the unwritten rules. And since the Twins misinterpreted the unwritten rule in that situation, they threw at him the next day anyway. That's the closure for that particular situation. Once they throw at him, it's over and everyone moves on." Moses concludes. "Baseball's unwritten rules are definitely old school and most have to do with not showing up your opponent. I see changes coming in how demonstrative young players are when they celebrate, often at the expense

Item: Phil Mickelson becomes the oldest men's major PGA champion. "This is just an incredible feeling because I believed it was possible, but everyone was saying it wasn't." Two years since Mickelson's last win, eight years since his last major win and, remarkably, 30 years since his first victory as a junior at Arizona State, the largest spread between wins in PGA history. He also became just the 10th golfer to win victories in three

different decades. "I'm having so much fun that it's easier to stay in the present and not get ahead of myself," he said.

'Mickelson has been so good for so long that his six titles seem like they should be more. He has finished second 11 times, including six in the U.S. Open, the one major he hasn't won. But winning when most people figured he was washed up had to make this one of the most rewarding victories of his life,' according to ESPN

To continue with my good news story about Athletes for Hope (AFH), I'd like to highlight their "university" for college athletes. "While universities across the U.S. often provide volunteer opportunities to their student athletes, they rarely offer the educational aspect that allows student athletes to learn how to be effective volunteers and what community causes might align with their passions. AFH created the AFH University program (AFH U) to address this need and provide guidance to college athletes throughout their philanthropic journey. AFH U helps college athletes explore themes such as leadership, life skill development, advocacy, their role in the community and how to discover their philanthropic passions through a series of facilitated workshops. AFH staff works closely with each team to provide opportunities to engage in meaningful, impactful community work that align with the team's passions." Enjoy your week!

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@

Registration Open For Golf Tournament

he GO GREEN Golf Tournament is back for its 30th year to raise funds for Keep Lee County Beautiful, Inc. (KLCB). The tournament will be held at The Plantation Golf & Country Club on Friday, October 15 with a 7:30 a.m. shotgun start.

Keep Lee County Beautiful has hosted the GO GREEN fundraiser since 1991, with the exception of 2020 when the event was canceled due to the pandemic. This year's tournament will have comprehensive safety measures in place to protect the health and wellbeing of all employees and golfers. The day will be filled with golf, course contests, food and a chance to win some premium auction items while raising funds to support programs and events focused on protecting the environment and improving the quality of life in Lee

KLCB is the largest environmental education organization providing community cleanups, beautification projects and environmental education programming in Lee County. In 2020 (despite COVID-19 restrictions), KLCB hosted more than 200 litter removal events and three beautification projects

engaging almost 2,000 volunteers. These volunteers spent 5,209 hours removing in excess of five tons of litter and debris from communities and planted 160 new trees. These are hands-on projects that members of the community are able to join in on.

Cost for the golf tournament is \$500 per foursome or \$125 per golfer. All proceeds stay in Lee County and support KLCB's mission of preserving and protecting the environment through waste reduction efforts, education outreach activities and beautification projects in local communities.

Nextran Truck Centers is once again the title sponsor. Visit www.klcb.org/ events/go-green-golf-tournament for information on sponsorship opportunities and to register. Registration opens June 1 and this popular tournament fills up every year, so make sure to register early.☆

Changes To Lap Pool Restrictions

Iffective Tuesday, June 1, reservations will no longer be required to use the lap pool at the City of Sanibel Recreation Center. Lane sharing will be permissible.

Hours of operation will be Monday, Wednesday and Friday from 8:30 a.m. to 4:15 p.m., Tuesday and Thursday from 8:30 a.m. to 6:15 p.m., and Saturday

from 8:30 a.m. to 12:15 p.m.

of others.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information, call 472-0345 or visit www.

Round Robbin Tennis In Play

ound Robin Tennis is played at the Sanibel Recreation Center on Tuesdays and Thursdays from 10

a.m. to noon. It is tournament-style play with fellow tennis players. Tennis Pro Joe McEntyre organizes all matches.

Registration includes a demonstration of doubles tactics and doubles play. The cost to play is \$13.25 per member and \$17.50 per non-member. Register in advance at the recreation center's front desk as space is limited.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information, call 472-0345 or visit www.mysanibel.com.☆

SPORTS QUIZ

- 1. Nicknamed "Hefty Lefty," this quarterback tallied four completions for 28 yards for the Super Bowl champion New York Giants in 2007. Who is he?
- Who holds the NBA record for technical fouls in a career?
- Name the novelist who wrote Beartown and Us Against You, which both take place in a small, hockey-obsessed community in Sweden.
- The Tim Hortons Brier is the Canadian men's championship in what sport?
- In 1930, Chicago Cubs catcher Gabby Hartnett caught a baseball dropped 800 feet from what?
- What Yale football player and coach became known as the "Father of American Football" for creating many of the sport's rules?
- Baseball historian and author Peter Nash (aka Prime Minister Pete Nice) was a member of what early 1990s rap music group?

ANSWERS

Blimp. 6. Walter Camp. 7. 3rd Bass.

1. Jared Lorenzen. 2. Rasheed Wallace, with 317. 3. Fredrik Backman. 4. Curling. 5. A Goodyear

Vote Delayed To **Stop Commercial** Use At State Park

submitted by Save Cayo Costa

The Florida Department of Recreation and Parks (FDEP) has postponed the Cayo Costa State Park Management Plan vote, scheduled to come before the Acquisition & Restoration Council (ARC) on June 11. The agencies have been receiving mounting pressure from Save Cayo Costa environmental advocates to stop bringing large commercial groups to the park's least resilient and most vulnerable section of Cayo Costa State Park known as "the narrows." The plan is six years overdue. More than 2,100 have signed a petition to stop these activities, and public opposition is growing.

'This postponement is outrageous. The FDEP must immediately stop the commercial boats from using the south dock. Postponing this vote for review can take months and every day more damage is being done. They have enough evidence to stop this now and not delay this vote any longer. Allowing this neglect to continue at Florida's most pristine barrier island park represents a gross mismanagement by the DEP of this unique and irreplaceable resource," said Dick Anderson, a longtime environmental advocate

"It's troubling when citizen advocates have to convince the very people our

tax dollars pay to protect our resources to do their jobs. Cayo Costa State Park is a priceless and irreplaceable treasure, and the FDEP has the power to control human impacts. It's clear we've made our point, and they know they've created a mess down here," said Margi Nanney, an island advocate for over 40 years.

Since 2016, advocates have worked to convince the FDEP to stop the park's concessionaire from transporting as many as 100 people per day to the narrows. The island is only 450 feet wide at that section, with a trampled path through sensitive mangroves and beach dune areas. There are no facilities or park oversight. Those who oppose the south dock access shift from its pre-2016 passive recreational use to commercial use say resources are being depleted and things will only get worse over time.

There is evidence the sea grass beds have been impacted by the 50-foot commercial boats with twin engines repeatedly crossing over shallow waters to access the narrows. It is obvious to longtime users that the flats are being blown out, and a new channel has been illegally dredged with daily trips," said Randy Johnson, longtime local boater.

Advocates state shorebird and turtle nesting patterns have also been affected by large commercial groups at the narrows, and the heavily traveled path from bay to the gulf has created a divide across the island which is subject to breach like "Charley Pass" when Hurricane Charley's eyewall hit it in

John Cassani of Calusa Waterkeepers is concerned. He said, "The area east of the island is within the Pine Island Sound Aquatic Preserve, designated as an Outstanding Florida Water and is entitled to the most protection the state of Florida can provide for an aquatic resource.'

Sea grass beds are important to marine communities, and large boats also pose a threat to the endangered manatees and sea turtles who frequent the area. The narrows historically has been visited by private boaters, hikers and paddlers who have less impact on the resources.

Johnson argues the DEP is limiting private boater access by taking away the only south bayside access to the park. He contends there are very limited total park moorings for private boaters who have less impact on the island's resources. "If this were a land-based park, it would be the most inaccessible park for the boating public to visit from protected waters without third party transportation," he

The dock parcel was purchased in 1978 for preservation using Environmentally Endangered Lands funds. In 2004, Hurricane Charley destroyed a small dock that was there but boaters continued to use the access point. In 2015, the DEP misled dock permitting agencies when they stated they were "reframing and re-decking an existing dock." There was no dock there. Because of this, they were exempted from an environmental resource permit that would have triggered careful review and public notice. There are also large mooring poles

that were placed recently without permits.

Advocates are all for commercial groups visiting Cayo Costa State Park, but feel large boats should use the park's Pelican Bay facilities. Just a few more minutes north through deep water, park headquarters have the proper infrastructure for groups arriving in ferry boats. Advocates believe the DEP must immediately invest in increasing the number of boat slips and dockage space at the north facilities to prepare for increased visitation. A visitor center is also planned, which will attract more guests.

What will it look like in 50 to 100 years if uncapped commercial groups on the most vulnerable part of the island continue to negatively impact the resources? The DEP is selling out the most fragile part of Cayo Costa," said

After over four years of review and public input, the DEP admitted damages have been ongoing and made the decision to stop the commercial landings at the narrows' south dock. In January, 2021, they abruptly reversed their decision to close the dock after pushback from the concessionaire. This complete reversal has triggered a push by many to see the original language reinstated.

There is no schedule for the next ARC management plan at this time and, unless the DEP orders the commercial boats to stop using the south dock, the negative impacts to park resources on Cayo Costa will continue.

For more information, visit www.



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Salt Intake: What You Need To Know



by Julie Rosenberg, MD

There's always lots of talk about salt.
Let's take a detailed look at salt and its health effects.

What Is Salt? Salt is sodium chloride (NaCl), which consists of 40

percent sodium and 60 percent chloride, by weight. It is harvested primarily from salt mines or by evaporating sea water or other mineral-rich water. Salt is by far the biggest dietary source of sodium. Some varieties of salt may contain trace amounts of other elements such as potassium, calcium and zinc. Table salt often contains added iodine.

Salt In The American Diet

Sodium is an essential nutrient necessary for maintenance of plasma volume, acid-base balance, transmission of nerve impulses and normal cell function

The American Heart Association recommends that adults consume no more than 2,300mg of sodium per day. This amounts to about one teaspoon

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of salt. However, about 90 percent of adults in the United States consume considerably more salt per day than the recommended amount. The average intake of sodium for adults is about 3,400mg per day, with a range of about 2,000 to 5,000mg per day.

As a food ingredient, sodium is used in multiple ways, including curing meat, baking, as a thickening agent, as a flavor enhancer and as a preservative. The typical American diet is replete with packaged and processed foods, which contain high amounts of salt. In fact, about 75 percent of the salt in the American diet comes from processed foods, such as salted snacks, canned soups, pickled foods and processed meat. For example, one bag (1 oz.) of Rold Gold tiny pretzel twists has 450mg of sodium, 20 percent of the recommended daily allowance of salt. Similarly, one serving of Campbell's Chicken Noodle Soup (10.75 oz.) contains about 800mg of sodium, 35 percent of the recommended daily allowance.

Let's not forget about restaurant foods. When you eat out, you cannot be certain how foods are prepared. Salt makes food taste good. Your favorite restaurant menu items may be packing enough sodium to last you for several days. Here's a fan favorite: The Cheesecake Factory Spicy Cashew Chicken. This popular dish features chicken smothered in green onions and roasted cashews and contains more than 4,000mg of sodium! If you love it, eat it – but not too often. How about the McDonald's Big Mac?

This popular burger contains 1,007mg of sodium; close to half of the daily allowance.

Some foods that are not considered salty contain high amounts of sodium. A 3-ounce serving of frozen shrimp may contain as much as 800mg of sodium; a half-cup serving of cottage cheese averages 350mg of sodium; and an 8-inch flour tortilla averages 390mg of sodium, to name a few.

Health Risks Of Consuming Too Much Sodium

Consuming too much sodium is a risk factor for high blood pressure, which in turn, can lead to stroke and heart disease. At least half of people with hypertension have blood pressure that's affected by sodium consumption – meaning they're salt sensitive. In addition, the risk for salt sensitivity increases with age. Reducing salt intake, especially for people with salt sensitive hypertension, can lower blood pressure and improve effectiveness of antihypertensive medications.

Strategies To Lower Sodium Intake

Most Americans consume too much salt in their diets. Here are seven proven strategies to lower your sodium intake:

1) Cook at home more often.

2) Before dining out, do some research. Visit the restaurant's website. The nutritional content of various dishes served there may be listed. Alternatively, you can request that the meal you order be prepared without added salt.

3) Read nutrition labels and choose products with less sodium, reduced sodium, or no-salt-added.

4) Flavor foods with herbs and spices instead of salt.

5) Eat fresh fruits and vegetables; they are naturally low in sodium.

6) Eat more fish – Salmon, cod, halibut, tuna, flounder and snapper are naturally low in sodium, with about 40 to 80mg of sodium per serving.

7) Use fresh, rather than packaged, meats. Fresh cuts of beef, chicken or pork contain natural sodium, but the content is much less than in processed products such as bacon or ham.

Julie Rosenberg, MD, is a global healthcare leader, medical consultant and the author of two books, Beyond the Mat and Be True. For more information, visit her website at www. drjulierosenberg.com. For consulting and speaking requests, email inquiries to info@drjulierosenberg.com.

Vaccinations Open To Teens

Whith the recent approval of the Pfizer-BioNTech vaccine for 12-to 15-year-olds, Lee Health is offering appointments to this age group. Schedule your appointment online only at www.leehealth.org. You do not need to be a Lee Health patient; the clinic is open to everyone in the community.

"It is so important to get our kids in to get the COVID-19 vaccine, so that we can get as many students vaccinated as possible before the next school year starts," said Dr. Larry Antonucci, president and chief executive officer of Lee Health. "We are urging all parents to

please bring their children in to get this potentially life-saving vaccine."

A parent or authorized guardian must accompany a minor for vaccination. A mask is required to enter any Lee Health facility.

"As a pediatric infectious diseases physician, I really want to encourage parents to vaccinate their children for COVID-19 as soon as they're able," said Dr. Stephanie Stovall, interim chief of quality and patient safety for Lee Health. "We have years of research and data on this type of vaccine, and it is safe and effective."

For more information on COVID-19 vaccines, visit www.cdc.gov/coronavirus/2019-ncov/vaccines/index.

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Little Things



by Kay Casperson

I've always been a big believer that some of the littlest things in life can make the most significant impact. From the way you greet someone to how gracious you are to others, from how you wake up in the morning to how

you wind down at the end of the day, and everything in between.

I have always automatically done little things for my family that I know they appreciate in a big way. Like making the kids' rooms neat and tidy before returning from school, they come home to a comfortable room and relax. Now that they are older, they try to do this before leaving for school, but sometimes mornings can be rushed, and they don't always have the time.

Another example would be to get their breakfast ready and out in the morning to save them time and help to prepare their lunches for school. And, at dinner, I try to make new meals that I know they will enjoy, and we sit together and catch up from the day. My family did this growing up, and I know my family now loves and appreciates this time together.

I remember when my husband and I were just dating, and he would write me

a note and leave it somewhere for me to find when he left my house. I saved these little notes, because they were so sweet and thoughtful, and significantly impacted my feelings for him. Again, it's not the super big things you remember sometimes, but the tiny, nostalgic moments and gestures that someone does.

When I was growing up, I remember the times we would gather together as a family up at our lake cabin and play card games together. Or sitting around the campfire telling stories and laughing for hours. My husband and I renovated a lake home next to my parents years ago. We had it for 10 years while our girls were young to spend some time with their grandparents and extended family. They also enjoyed those card games and talks around the campfire. They will never forget that time in their lives as they enjoyed the simple little things that brought so much joy

When my Dad leaves for Minnesota after visiting us in Florida, he always leaves a note for the girls and some cash. They never expect it, but they, of course, love and appreciate this gesture from their Grandpa. They will never forget this little thing that he did that significantly impacted them.

My husband has bought flowers for me on every occasion without fail, from my birthday to Mother's Day, Valentine's Day, Christmas Eve, which is our anniversary. My favorite flowers are always delivered right on time. I never expect it, but this is another beautiful way to show appreciation and love that has

made a significant impact.

Whether it is calling a friend or loved one for lunch or coffee, doing something kind for someone, or simply extending a helping hand, you just might be making a more enormous impact than you think. Send someone an unexpected note of kindness or appreciation. Reaching out to see if a friend or elderly person is okay will touch hearts in a more significant way than anything you can buy, and it is priceless.

My affirmation for you this week is:

"I will remember to cherish the little things in my life that have made the biggest impact on who I am, and am grateful for each and every one of them."

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.*

deaRPharmacist

Breathe Easier With These Asthma Products



by Suzy Cohen, RPh

Readers:
If you've ever had your bronchial tube go into a spasm, you know how scary it is! A bronchospasm occurs when the breathing airways

suddenly contract, making it hard to breathe and causing that high-pitched, whistling sound called wheezing. If this goes on chronically, it is termed bronchial asthma, or just asthma.

About 25 million Americans have asthma and attacks may be mild and short-lived, or serious. Today's article is for those of you who wish to breathe easier and are seeking natural options to use adjectively with your medication. The symptoms vary from day to day – sometimes hour to hour – but always include wheezing, coughing, shortness of breath, exercise intolerance and chest pain. Acid reflux is also guite common.

There are so many reasons for a person to have a problem breathing. One lesser known trigger includes perfume or cologne. Another is pet fur, especially cat saliva. There is the trigger of tropomyosin that comes from cockroaches. When I lived down south, it was the headache of every Florida resident. And finally, there's something called "cardiac asthma" which stems from the heart! If you'd like

to read a more comprehensive version of this article with more details and more solutions, visit my website at www. suzycohen.com where you can sign up for my weekly newsletter. I'll email it to you. In the meantime, here are some natural remedies and devices to help you breathe with more comfort:

Vitamin D-rich Foods – Eating more foods with vitamin D such as milk and eggs can help. Getting the sunshine vitamin is useful too, because your body activates the D into a hormone that is used for immune function.

Black Seed Oil – This is a dietary supplement that fights inflammation and is especially useful for the lungs. It contains many active compounds such as "thymoquinone," which has been studied specifically for breathing.

The Breather: Natural Breathing Lung Recovery Exercise Trainer – This is a small plastic device that you hold in your hand and it's designed to improve the flow of oxygen. It's just an exerciser, it's not intended or useful during an asthma attack. It improves lung capacity and is sold online.

AirPhysio: Natural Breathing Lung Expansion And Mucus Removal Device – This is another small plastic device that is helpful to clear the airways and minimize mucus. It can be helpful with many respiratory conditions such as asthma, atelectasis, COPD, Emphysema, even Cystic Fibrosis.

Please seek medical attention and proper treatment if you have breathing difficulties. The preceding options are for your consideration, and not intended to treat an asthma attack.



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Doctor and Dietician

Living Longer Is In Your Control Most Of The Time





by Ross Hauser, MD and Marion Hauser, MS, RD

s you know, we are fans of the Blue Zones project. Dan Buettner, ▲founder of BlueZones "...traveled the world for National Geographic to identify the diet, eating patterns and lifestyles of the world's longest-lived people." Adopting these principles makes it easy for everyone to eat and live in a way that gives them the best chance to live to age 100. We are born with certain genetics. But after that, we have a lot of control over what happens to us by controlling how we think and act. There is a vitality test on www.bluezones.com that assesses your projected life expectancy and then gives you tips for lengthening your longevity. Check it out. Marion is going to live to be 100, by the way!

Living a life free of cancer, heart disease and diabetes can be done by optimizing your lifestyle and the environment in which we choose to live our lives. We are blessed to live in Southwest Florida where we can get outside every day, 365 days per year. We can grow a garden, walk, ride, swim and have access to fresh food.

Here are some tips for increasing your longevity:

Include fresh fruits and vegetables, whole grains and legumes in your eating plan to give you a "plant slant" that has been associated with high vitality levels, disease prevention and longevity. This means that your plate contains these items at every meal. This also means that processed food has been eliminated. When you eat like this, it becomes a way of life,

not a diet. Cutting out junk food from your diet might not be as hard as you think. Make the transition and do not bring that type of product into your home. We have a lot of great recipes on www.hauserdiet. com as does BlueZones, where you can create healthier snacks and treats.

Make a concerted effort to reduce anxiety and stress. We have all felt it and continue to feel it. As you know, we do not have TV in our home, we do not watch the news and we do not watch mindless TV programs. That may sound drastic, but it dramatically reduces stress, complaining and comparing. Significantly reducing time spent on social media and the Internet also reduces anxiety and stress. You will be amazed at how much more time you have to do things that are healthier for you. Read a book! Marion reads a book or two per week on average – so much better for your brain. Learn a language, take up a new hobby, get outside in your yard. Plant some herbs and vegetables or flowers. Walk on the beach. There are so many things to do.

Reduce episodes of anger. This may be a hard one for some. We listened to a daily devotion this morning from Rick Warren, author of The Purpose Driven Life. He notes that our response to anger is under our control. Everyone has "crazy makers" in their lives. Reduce exposure to these types of people and control your response to them. Be peaceful. Speak kindly. You never know what someone else is going through. Love your neighbor as yourself.

And finally, improve your attitude. Bad thoughts can surface just about anywhere in line at a coffee shop, in traffic, at work, or at home. Anger is a normal human emotion but coping effectively is key to health. Simmering anger can erode relationships as well as increase the risk of high blood pressure, heart disease and stroke. Find the coping strategies that help you live peacefully. We find that letting go and realizing that certain things are not within our control help us to not hold onto those types of situations.

Here's to living life to the fullest and enjoying every moment!

This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in 1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. They can be reached at info@ caringmedical.com.\\\\\

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: I have not been sleeping well lately and I would like to know if sleeping pills help?

A: While the effects of insomnia are so frustrating for many, research shows that certain

sleep medications can do more harm than good. About four percent of Americans take prescription sleep aids, with the highest usage among middle-aged to elderly patients.

Sleep aids may help people fall asleep and stay asleep, but they only add about a half hour to total sleep. They do have side effects such as addiction and something called rebound insomnia, as the brain becomes accustomed to the medication. It is advised by many physicians not to take these medications with the exception of acute short-term stress.

There are over the counter sleep aids that can have benefits without the side effects of medications. People are finding that melatonin and CBD are effective treatments for sleep. They also have the advantage of being non-addictive. These are not regulated by the FDA.

Sleep experts have some good sound

advice for a better night's sleep:

Maintain a consistent schedule. Go to bed and wake up at the same time every day. Get on a regular sleep cycle and get a minimum of seven hours a night.

If you nap, only nap early in the day for about 30 minutes. If you nap later in the afternoon, you will have more sleep issues.

Use your bedroom only for sleep and sex. Avoid screen time and establishing a connection between your bed and work.

Avoid later in the day caffeine and other stimulants. Also if you drink alcohol, you may be drowsy initially, but you will awaken later.

Avoid a large meal before sleep. This can cause digestive issues and prevent you from getting a good night's sleep. Also fluids just before bed can mean late night trips to the bathroom.

Get plenty of exercise during the day and you will sleep better.

Expose yourself to bright light and set your body clock in the morning. Before bed, have your room dark and cool.

And lastly, If you cannot sleep and you toss and turn, get out of bed after 20 minutes and do something restful in dim light. Try sleeping again.

As you can see, $\bar{\text{t}}\text{here}$ are alternatives to sleeping pills, and you will be better in the long run without a dependency on them.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.☆

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Audubon of SWFL	N-ANGEL nswfl.org/ 472-3744 395-2233 472-1189 274-5900 @coti.org 472-3644 984-5920 472-4775 472-0404 472-6940 472-8334 472-1100 677-7299 521-1158 472-6940 395-9232
Audubon of SWFL	N-ANGEL nswfl.org/ 472-3744 395-2233 472-1189 274-5900 @coti.org 472-3644 984-5920 472-4775 472-0404 472-6940 472-8334 472-1100 677-7299 ms-521-1158 472-6940 395-9232 472-9332
Audubon of SWFL	N-ANGEL nswfl.org/ 472-3744 395-2233 472-1189 274-5900 @coti.org 472-3644 984-5920 472-4775 472-0404 472-6940 472-8334 472-1100 677-7299 mail.com 521-1158 472-6940 472-9332 472-9332 768-0417
Audubon of SWFL	N-ANGEL nswfl.org/ 472-3744 395-2233 472-1189 274-5900 @coti.org 472-3644 984-5920 472-4775 472-0404 472-6940 472-6940 472-6940 472-6940 395-9232 472-9332 472-9332 472-0836
Audubon of SWFL	N-ANGEL nswfl.org/ 472-3744 395-2233 472-1189 274-5900 @coti.org 472-3644 984-5920 472-4775 472-0404 472-6940 472-8334 472-1100 677-7299 mail.com -521-1158 472-6940 395-9232 472-9332 472-9332 472-9332 472-0836 313-6918
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Audubon of SWFL	N-ANGEL nswfl.org/ 472-3744 395-2233 472-1189 274-5900 2coti.org 472-3644 984-5920 472-4775 472-0404 472-6940 472-1100 677-7299 mail.com 521-1158 472-6940 395-9232 472-9332 768-0417 472-0836 313-6918 mail.com 472-0141 eclub.org 470-2866 472-6940 395-0819 267-7291 472-4648 472-8994
Audubon of SWFL	N-ANGEL nswfl.org/ 472-3744 395-2233 472-1189 274-5900 © coti.org 472-3644 984-5920 472-4775 472-0404 472-6940 472-8334 472-1100 677-7299 mail.com 521-1158 472-6940 395-9232 472-9332 768-0417 472-0836 472-0141 eclub.org 470-2866 472-6940 395-0819 472-6940 395-0819 472-4648 472-8994 395-2040
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Audubon of SWFL	N-ANGEL nswfl.org/ 472-3744 395-2233 472-1189 274-5900 @ coti.org 472-3644 984-5920 472-4775 472-0404 472-6940 472-8334 472-1100 677-7299 mail.com -521-1158 472-6940 395-9232 472-9332 472-9332 472-9332 472-9340 472-0846 313-6918 mail.com 472-0141 eclub.org 470-2866 313-6918 mail.com 472-0141 eclub.org 470-2866 313-6918 472-8940 472-2329 472-4648 472-8994 395-2040 472-2329 472-329 472-329 472-329 472-329 472-329 472-329 472-329 472-329 472-329 472-329

PUZZLES

Answers on page 55



"It was a very educational evening, Stanley. I certainly learned a lot about

	BLERS within each rectangle to form four ordinary words. Then tters to form the mystery word, which will complete the gag!
Measurement	
CHIN	
Delight	
TATER	
Disfigure	
FECADE	
Magma	
STABAL	
Т	ODAY'S WORD

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Rings are lower 2. Shirt is different. 3. Crate is different. 4. Door is closed, 5. Sleeve is shorter. 6. Hair is different.

To Play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

4			8					9
	6			9		1		
		8			2		6	
3			6					2
	1				4		9	
		5		1		4		
	3		4				8	
8					1	7		
		7		2				6

PETS OF THE WEEK

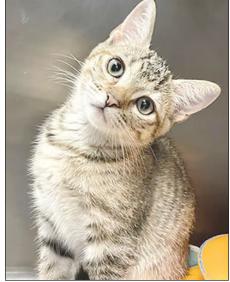


Lee County Domestic Animal Services

Charles Wilson And Cinnamon

ello, my name is Charles Wilson. I'm a red and white 5-year-old male pit bull mix. I have been crowned prom king, and you know what that means – my adoption fee is waived with an approved application. I came to Animal Services after my previous owner passed away. I have that well-aged, rugged look, even though I am just a teenager. I am full of energy and spunk, and I am at my happiest when I am around people. Who wouldn't want to adopt a king into the family?

Hi, my name is Cinnamon. I'm a brown tabby 3-month-old female domestic



Cinnamon ID# A860194

shorthair. Kitten season is in full swing at Animal Services, and they have every color and size you could be looking for. Just one look at the head tilt pose on me, and you will no doubt fall in love! I'm a sassy girl who knows what I like and want and will no doubt let you know. I have a great spirit and will keep you entertained. My adoption fee is \$10, and you can adopt a feline friend for me at no additional charge.

Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. Visit www.leelostpets.com to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387.

Summer Safety For Manatees And Boaters

ave the Manatee Club is a partner of the 2021 Safe Boating Campaign. This year-long campaign promotes recreational boating safety, such as wearing life jackets and not boating while under the influence of alcohol. Save the Manatee Club also uses the campaign to remind boaters of manatee-safe boating tins

During the summer, manatees are found in shallow estuaries, bays, rivers, canals and coastal areas throughout Florida and in neighboring states - most commonly Georgia, South Carolina and Alabama. Because imperiled manatees are generally slow-moving and must surface to breathe air, they are especially vulnerable to collisions with fast-moving watercraft. Boat accidents are the primary cause of human-related manatee deaths. According to the Florida Fish and Wildlife Conservation Commission (FWC), most manatee deaths from watercraft collisions are caused by blunt-force impact, meaning that the speed at which boaters are traveling are causing strikes with deadly force. Those manatees that survive bear scars from their injuries. In fact, most living manatees have some sort of scar from a boat collision.

These tragic accidents are preventable with education, awareness and the care of the boating community. Posted slow speed "manatee zones" indicate the likely presence of manatees and should be navigated through carefully. Boater's guides usually list the location of manatee zones and can be reviewed before each boat trip. In addition to obeying posted speed zones, those on board should

keep a lookout for manatees in the water by wearing polarized sunglasses to see below the water's surface, and scan for manatee snouts, backs, tails, flippers or "footprints" – the flat, circular spot on the water created by the manatee's moving tail. Following these tips, along with the safe boating campaign's guidelines, can help keep boaters and manatees safe.

Boaters, paddlers or those who spend time near the water are also encouraged to be a voice for manatees by immediately reporting injured, malnourished, orphaned, entangled, stranded or dead manatees to the FWC or their local state wildlife officials. Manatees that have fresh pink or red wounds, are breathing more often than every 30 seconds, or are unable to submerge or are tilting to one side may be injured and should be reported. Boaters should not attempt to remove entanglements, such as monofilament fishing line, crab trap lines or other marine debris from manatees themselves - instead, they should report them so a trained biologist can assess the situation. In Florida, boaters can contact VHF Channel 16 on their marine radio or call the FWC at 1-888-404-3922. Learn more tips on spotting and reporting sick or injured manatees at www.savethemanatee.org/ rescue.

Save the Manatee Club offers a number of free materials available upon request to help safeguard manatees and increase awareness of manatee-safe boating tips. Shoreline property owners as well as park and marina managers can order aluminum signs alerting others to the presence of manatees in the area. Boaters and paddlers can request packets that include a safety tips card, a waterproof boat banner and a decal to adhere to your vessel with the number to report manatees in distress. Order free materials at www. savethemanatee.org/resources.**

My Stars *** FOR WEEK OF MAY 24, 2021 Aries (March 21 to April 19) Home

Aries (March 21 to April 19) Home conditions still demand attention. Also, keep an open mind about a sudden question of trust involving a close friend. All the facts are not yet in.

Taurus (April 20 to May 20) With summer just around the corner, travel begins to dominate your sign. Make plans carefully to avoid potential problems in the first half of June.

Gemini (May 21 to June 20) A romantic Libra sets a challenge that your "sensible" side might question, but your idealistic self finds the prospect too intriguing to resist. The choice is yours.

Cancer (June 21 to July 22) Those tense times in your personal life are just about over. Concentrate on reaffirming relationships. Your love of travel opens a surprising new opportunity.

Leo (July 23 to August 22) The Big Cat usually loves to be in the center of things. But this week it might be wiser to watch and learn from the sidelines. A Pisces wants to make you purr.

Virgo (August 23 to September 22) "New" is your watchword this week. Be open to new ideas, both on the job and in your personal life. A romantic Aries

or Sagittarian beckons.

Libra (September 23 to October 22) Some difficult family decisions have to be faced, but be sure to get more facts before you act. Be careful not to neglect your health during this trying time.

Scorpio (October 23 to November 21) You still need to support a loved one through a difficult time. Meanwhile, things continue to work out to your benefit in the workplace.

Sagittarius (November 22 to December 21) Aspects continue to favor expanding social opportunities. A Gemini reaches out to offer a chance for re-establishing a once-close relationship.

Capricorn (December 22 to January 19) There's a potential for misunderstanding in both your job and your personal life. A full explanation of your intentions helps smooth things over.

Aquarius (January 20 to February 18) You might be feeling restless on the job, but delay making any major moves until all the facts are in. A Scorpio has a surprising revelation.

Pisces (February 19 to March 20) Your business sense works to your advantage as you sort through the possibilities that are opening up. A Libra is Cupid's best bet for your romantic prospects.

Born This Week: You have a gift for being open-minded about people. This helps you make friends easily. You would do very well in public service.

MOMENTS IN TIME

- On May 31, 1859, the famous tower clock known as Big Ben, located at the top of the 320-foot-high Elizabeth Tower, rings out over London for the first time. At night, all four of the clock's faces, each one 23 feet across, are illuminated. A light above Big Ben is also lit to let the public know when Parliament is in session.
- On June 4, 1876, a mere 83 hours after leaving New York City, the Transcontinental Express train arrives in San Francisco. First-class passengers rode in beautifully appointed cars with plush velvet seats that converted into snug sleeping berths. Third-class passengers sat on narrow wooden benches.
- On June 5, 1922, George W. Carmack, the first person to discover gold along the Klondike River, dies in British Columbia. In 1896, near the confluence of the Yukon and Klondike River, Carmack stumbled across a deposit of gold so rich that thumb-sized

pieces of gold lay scattered along the creek bed.

- On June 6, 1933, eager motorists park their automobiles on the grounds the first-ever drive-in movie theater, in New Jersey. Inventor Richard Hollingshead had come up with the idea in his driveway with different projection and sound techniques.
- On June 2, 1953, Queen Elizabeth II is formally crowned monarch of the United Kingdom in a ceremony steeped in traditions that date back a millennium.
- On June 3, 1965, 120 miles above the Earth, Major Edward White II opens the hatch and steps out of the *Gemini 4* capsule, becoming the first U.S. astronaut to walk in space. Attached to the craft by a 25-foot tether, White remained outside the capsule for 20 minutes.
- On June 1, 1980, CNN (Cable News Network), the world's first 24-hour television news network, makes its debut. CNN signed on at 6 p.m. EDT from its headquarters in Atlanta.

NOW HERE'S A TIP

• There are many fancy cleaners for sale for wood and laminate floors. Truth continued on page 54

PUZZLES

Super Crossword **BOTH SIDES ACROSS** 54 Spanish for 98 Muscat native DOWN 37 Mojave plants 87 Demure 100 Driving 1 Witchy types 38 Dramatist Joe 89 Jazz great 1 Having "these" lasting import 55 Bank around in a 2 Frozen drink 40 Dallas coll. Brubeck 9 Enzyme account amt. Winnebago, treat 43 Kan. 90 - fi flick name ending 57 Tick off e.g. 3 "Uncle!" neighbor 92 "Valley of the 101 Mourned 4 Arcade error 12 Directory no. 59 Indigo dye 44 Narrow way Dolls" co-star 15 Toasty loudly 5 Lacto- — diet 46 Big Sicilian 60 Japanese Patty 102 * Not on a 19 In a busy 6 Bylaw, briefly religion volcano 94 Flatbread of 62 * Criterion 7 Epic of Trov 47 Ruckus wav leash India 20 Wacky 106 Dying fire applied 8 Tour de 48 Auction crv 96 Foretell 22 86-Across unequally feature France 52 Wacky 97 Film studio star Nastase 66 Brainchild 108 Go wide of activity 56 Gets used roarer 9 In a skillful 23 * Earth's 68 Boosting 109 Apple apps (to) 99 "Excuse me, **57** Jai – lavers of rock drink use it wav but ...' 69 Prefix with 10 Brit's title 58 Unit of 36" 110 Norwegian strata 102 Actor Fiennes port 25 Met VIP dynamics 11 Book before 61 Lakers great 103 Palate 111 Kin of -trix 26 Reaping mo. 70 * Football Daniel Lamar dangler 27 Partner 115 Axel relative 12 Heisman, e.g. 63 Beehive receiver's 104 Away from 28 "Keystone" success 116 Repeatedly 13 Be human State home officer 76 Swab (or a hint 14 Fronted athletes 105 "Walkabout" 29 Revolting analysis site to both 15 Erudite 64 Exacta, e.g. director halves of the 16 Perp's out 81 Everyone, to 65 Titleless one one Nicolas 30 Sit in on, as a Germans answers to 17 Kind of bolt 67 Being hammy 107 Frozen. class 82 Dust specks the starred 18 Soft, dry and 70 War ender dome-shaped 32 * Top-end **83** See crumbly 71 Salve plant clues) dessert 124-Across 121 Ballet dip 21 Slip — (flub 35 Accompany 72 Put-down 110 Likelihood **39** — -um (gnat) 85 Ballplayer 122 Hauled 73 Preached (qu 111 Actor Richard 41 Delicious 123 Rendered 24 Certain aria 74 Grassy fields Leftv 112 "Valley of the **42** * Taking 86 Tennis site 29 Thruway exits 75 Most unnecessary Dolls" co-star baby steps, 88 Org. for **124** With 30 Like painters regularly Sharon perhaps an air 83-Across, 31 Elec. or water 77 "It's —!" 113 Links 45 Cause to ("You're on!") marshal gave 32 August woe spoonfuls to 114 Halts take notice 89 August hrs. 33 Man of La 78 Old ship-91 13th-century 116 NFL coups 49 Touch-Mancha directly locating 117 Tick off **125** Plane 34 Steak- related king of system 118 Flanders of 79 World War II 50 Away from (frozen beef England domain Sprinafield home 93 Final stops 126 Paper brand) hero Murphy 95 * Classic crew, for 35 Politician 80 Sightless 119 LaRue of -en-Provence coaster at short Kefauver 84 "In "CSI: Miami" 53 Altercation Disney parks 127 Proximity 36 Hoard excelsis --" 120 Plane domain 13 15 16 17 19 22 20 23 25 26 27 28 42 43 49 53 54 55 59 56 60 63 64 65 66 68 69 67 70 73 79 80 72 76 78 81 83 82 85 86 88 91 92 93 95 100 101 102 103 104 106 108 109 111 |112 |113 |114 115 116 118 119 | 120 121 122 123 124 125 126

King Crossword **ACROSS** 1 Green shade 5 Police officer 8 Achy 12 Last writes? 13 Coach 18 Parseghian 14 Bard's river 15 Besides 17 Hatchling's home 18 Bagel choice 19 Aquarium favorites 21 Weir 48 49 22 Mediocre 46 23 Fan's cry 26 '60s war zone 28 Entrap 31 Coup d' -"The Voice" 33 network "My Way" – Own" leyball serve 37 Shoe width 58 Sailor 10 Activist Parks 39 Malaria sympcomposer 36 Event location 59 Grit 11 Tolkien creatom 42 Map within a 38 "Eureka!" tures DOWN 40 Speck 16 Muscat's land map 41 Zwei follower 1 May honorees 20 Overhead 44 London 43 Literary rep 2 Bassoon's kin trains newspaper 3 Round Table 23 Speed (up) 45 Hawaiian city 45 Move fast 24 Devoured 46 Tennis score 47 Wiped out titles

51 Teen fave

52 Oliver Twist's

54 Margarita gar-

55 Leading lady?

56 Buffalo's lake

57 "A Room of

request

nish

4 Lieu

tion

band 9 Type of vol-

8

5 Neanderthal

6 Raw mineral

7 Medicare sec-

"Evil Wavs"

25 Good-looking

27 CEO's deg.

30 Chow down

34 Smooth talker

32 Swimming

reptiles

dio

29

48 Asta's feeder

49 Ireland

card

53 Eggs

"Top Hat" stu- 50 Monopoly



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FRIDAY Sunny High: 83 Low: 72



SATURDAY Mostly Sunny High: 85 Low: 76



SUNDAY Mostly Sunny High: 83 Low: 72



MONDAY Sunny High: 84 Low: 74



TUESDAY Sunny High: 83 Low: 72



WEDNESDAY > Sunny High: 84 Low: 74



THURSDAY Mostly Cloudy High: 82 Low: 71

Redfish Pass Tides

Day	<u>High</u>	Low	<u>High</u>	Low
Fri	2:04 pm	10:14 pm	None	None
Sat	2:50 pm	11:11 pm	None	None
Sun	3:41 pm	None	None	None
Mon	4:42 pm	12:09 am	None	None
Tue	5:59 pm	1:04 am	None	None
Wed	9:56 am	1:55 am	7:39 pm	2:00 pm
Thu	10:13 am	2:41 am	9:21 pm	3:37 pm

Point Ybel Tides

Day	<u>High</u>	Low	<u>High</u>	Low
Fri	1:09 pm	10:16 pm	None	None
Sat	1:55 pm	11:13 pm	None	None
Sun	2:46 pm	None	None	None
Mon	3:47 pm	12:11 am	None	None
Tue	5:04 pm	1:06 am	None	None
Wed	9:01 am	1:57 am	6:44 pm	2:02 pm
Thu	9:18 am	2:43 am	8:26 pm	3:39 pm

Punta Rassa Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	3:58 am	8:34 am	1:56 pm	10:14 pm
Sat	5:03 am	9:30 am	2:52 pm	11:06 pm
Sun	6:00 am	10:27 am	4:28 pm	None
Mon	6:57 am	12:00 am	5:46 pm	11:28 am
Tue	7:49 am	1:00 am	6:55 pm	12:53 pm
Wed	8:34 am	2:01 am	7:59 pm	2:21 pm
Thu	9:14 am	2:51 am	8:58 pm	3:23 pm

Cape Coral Bridge Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	4:14 pm	12:35 am	None	None
Sat	5:00 pm	1:30 am	None	None
Sun	5:51 pm	2:27 am	None	None
Mon	6:52 pm	3:25 am	None	None
Tue	8:09 pm	4:20 am	None	None
Wed	12:06 pm	5:11 am	9:49 pm	5:16 pm
Thu	12:23 pm	5:57 am	11:31 pm	6:53 pm

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Now Here's A Tip

is, all you need is regular sweeping and a clean, damp mop. Never use harsh cleaners on wood, and do not use too much moisture

• DD in Missouri keeps morning cereal crisp by using two bowls. Bite by bite dipped in milk is the perfect remedy for avoiding a soggy spoonful!

• Use white chalk to fill pin holes in

the wall before painting. You can also use this tactic to hide holes if you are unable to paint the white walls of a rental. It simply fills the hole, making it

• Save prescription medicine bottles and use them to sort beads or findings for beadwork or jewelry making. Bonus: Store the bottles upside down in a plastic storage bin so you can see what's in the bottles without having to sort through all

• Add chocolate syrup to your cake mix for a deliciously deep flavor when making a chocolate cake.

• Check your pillows: Press into the pillow at the spot where your head rests. If the pillow doesn't spring back when you remove your hands, it's time to replace it.

• Add these to the list of items to eliminate the odor of cooking cabbage: a heel of bread, a whole walnut or a pinch of baking soda.

STRANGE BUT TRUE

- Are you one of those folks who paces while talking on the phone? Psychologists believe this may be a kind of coping mechanism to make up for lack of body language and nonverbal cues that normally accompany
- A chef traditionally wears white because the chef of the first prime minister of France (1815) believed it was the most hygienic of all colors.

• The shape of the Coca-Cola bottle is patterned after a cacao seed pod.

- In 1995, Chris "Fenderman" Black got hitched to his Fender Stratocaster guitar that he'd purchased 35 years earlier, after his real wife quipped that he spent so much time with it, he should
 - Early Hoover vacuum cleaners were

hard to sell because potential customers refused to believe they could have that much dirt in their carpets.

• Plane exhaust kills more people than plane crashes. Approximately 10,000 people die annually from toxic airplane pollutants.

 Argentine goalkeeper Sergio Goycochea would crouch down and covertly urinate on the field before every penalty shootout for good luck. He started the ritual during the 1990 World Cup quarterfinals and continued it for the rest of his career.

• "Hurkle-durkle" is an old Scottish word meaning to lie in bed after it's time to get up and get going.

• A New Jersey man bought a \$5 bottle of orange juice, which his wife deemed too expensive and sent him back to return. He bought two Powerball lottery tickets with the refund and ended up winning the jackpot worth \$315.3 million.

THOUGHT FOR THE DAY

"I think that you have to believe in your destiny, that you will succeed; you will meet a lot of rejection and it is not

always a straight path, there will be detours - so enjoy the view.'

- Michael York

TRIVIA TEST

- 1. Movies: How long was the shortest Academy Awards ceremony?
- 2. **Television**: Which U.S. state was the setting for the 1980s Newhart TV sitcom?
- 3. **Medical**: What is a common name for the condition known medically as ankylosis?
- 4. **Geography**: Which European nation colonized Haiti?
- 5. **History**: What was the Monroe Doctrine, a policy stated by President James Monroe in 1823?
- 6. Advertising: Horatio Magellan Crunch is the mascot for which cereal brand?
- 7. Food & Drink: What is bannock?
- 8. **Bible**: What is the Pentateuch?
- **Science**: How do mosses reproduce?
- 10. **Inventions**: When did the first patented drive-in movie theater

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After 9, it's Turtle Time

- Turn off all lights visible from the beach
 - Only use amber (red) lights at night
 - Fill in any holes on the beach
- Remove all beach furniture

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June 5 & 6 8 a.m. - 2 p.m. 923 Deep Lagoon Lane. South Town & River, Fort Myers Generations of nice things. Antiques, vintage, collectibles. Lots of glassware, china, crystal, stemware, cookware, table linens, home decor & wall art, furniture, small appliances, rugs, bedding and bath, like new Chico's clothing, sizes 1.5 to 3, designer shoes & handbags, coats, hats, jewelry, accessories, boys and men's clothing, books, tools, canoe & paddles.

Something for everyone! No early birds, please.

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AL-ATEEN HELP LINE

Are you concerned with a friend or family member's drinking? Call the 24-hour help line of South Florida Al-Anon at 941-564-5098 or visit www.southfloridaal-anon.org.

- Ride to the Right
- Wear a Helmet
- Always be Courteous



Shore Fishing:

Don't Harm The Fish by Capt. Matt Mitchell

anding a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

Hold the fish in the water while you unhook it if you're going to release it.

The less you can touch a fish before release the better for the fish.

If you want a picture with the fish, support it as you lift it out of the water - and do it quickly.

Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.

Florida residents as well as out of state visitors need a fishing license to fish from

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CYCLING SAFETY NOTES

- Warn to Pass
- Use Lights at Night

TRIVIA ANSWERS

Camden, New Jersey. and Deuteronomy 9. Spores 10. 1933 in Bible: Genesis, Exodus, Leviticus, Numbers Scottish origin 8. The first five books of the 6. Cap'n Crunch 7. Flat, quick bread of meddle in the affairs of European countries. wouldn't interfere with existing colonies or European colonization of the Americas, but joint 4. France 5. The U.S. opposed further 1929 lasted 15 minutes. 2. Vermont 3. Stiff 1. The first Academy Awards ceremony in

SCRAMBLERS ANSWER

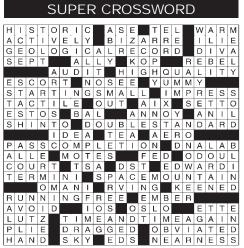
1. Inch 2. Treat; 3. Deface; 4. Basalt Today's Word **THRIFT**

Read us online at www.lslandSunNews.com

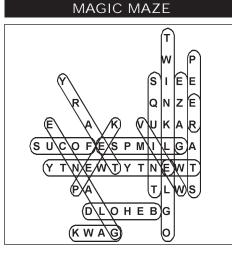
HORTOONS



PUZZLE ANSWERS



	KING CROSSWORD											
М	0	S	S		С	0	Р		S	0	R	Ε
0	В	П	T		Α	R	Α		Α	V	0	N
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R	Α	Н		Ν	Α	М		S	Ν	Α	R	Е
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4	7	1	8	6	3	5	2	9
2	6	3	7	9	5	1	4	8
9	5	8	1	4	2	3	6	7
3	9	4	6	5	7	8	1	2
7	1	2	3	8	4	6	9	5
6	8	5	2	1	9	4	7	3
5	3	9	4	7	6	2	8	1
8	2	6	9	3	1	7	5	4
1	4	7	5	2	8	9	3	6

SUDOKU

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Imperial Shores	Bonita Springs	2016	5,801	\$2,495,000	\$2,350,000	48
Cape Coral	Cape Coral	2013	3,824	\$2,110,000	\$2,095,000	73
Sanctuary At Wulfert	Sanibel	2013	2,703	\$1,649,000	\$1,649,000	19
Sanctuary	Bonita Springs	1999	3,127	\$1,175,000	\$1,355,000	1
Evans James Homstead	Fort Myers	1924	3,872	\$1,399,999	\$1,325,000	111
Herons Landings II	Sanibel	2002	2,621	\$1,245,000	\$1,315,000	5
Sanctuary At Wulfert	Sanibel	1993	3,514	\$1,495,900	\$1,300,000	16
Buttonwood Harbor	North Fort Myers	2006	5,198	\$1,199,000	\$1,202,000	49
Hidden Harbor	Fort Myers	2017	2,673	\$1,195,000	\$1,195,000	39
North Yachtsman Porte	Sanibel	1987	2,472	\$1,129,000	\$1,124,000	28

Memorial Weekend Sidewalk Sale

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